

PERILAKU IBU HAMIL TRIMESTER 11 DALAM MENGGUNAKAN
TABLET FE DI PUSKESMAS SRANDAKAN
BANTUL YOGYAKARTA

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INTISARI

Latar belakang : Angka Kematian Ibu di Indonesia (AKI) tercatat mencapai 359 per 100 ribu kelahiran hidup (SDKI, 2012). Salah satu penyebab kematian ibu adalah anemia. Anemia dapat didefinisikan sebagai kondisi dengan kadar Hb berada dibawah normal (>11gr%), di Indonesia umumnya anemia disebabkan karena kekurangan zat besi (Fe). Pemerintah telah melakukan pencegahan dengan cara memberikan tablet Fe kepada ibu hamil yang melakukan pemeriksaan kehamilan. Pada ibu hamil trimester II sudah dapat diberikan tablet tambah darah (Fe), oleh sebab itu perlu diteliti bagaimana perilaku ibu hamil trimester II dalam mengkonsumsi tablet Fe di Puskesmas Srandakan Bantul Yogyakarta.

Tujuan : Diketahui perilaku ibu hamil dalam mengkonsumsi tablet Fe di Puskesmas Srandakan Bantul Yogyakarta.

Metode penelitian: Penelitian ini merupakan penelitian deskriptif kuantitatif dengan pendekatan *survey*. Populasi dalam penelitian ini adalah ibu hamil trimester II yang melakukan pemeriksaan *Ante natal Care (ANC)* pada bulan Juni-Juli di Puskesmas Srandakan Bantul. Teknik sampling yang digunakan adalah *purposive sampling*. Teknik analisa data yang digunakan adalah analisa univariat.

Hasil penelitian: Pengetahuan ibu hamil trimester II dalam mengkonsumsi tablet Fe di Puskesmas Srandakan Bantul memiliki pengetahuan baik sebanyak 29 (93,5%) responden, sikap positif sebanyak 31 (100%) responden dan tindakan baik sebanyak 26 (83,9%) responden.

Kesimpulan: Perilaku ibu hamil trimester II dalam mengkonsumsi tablet Fe adalah kategori baik sebanyak 30 (96,8%).

Kata kunci: Perilaku, Tablet Fe, Kehamilan

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**THE BEHAVIOR OF SECOND TRIMESTER PREGNANT MOTHERS
IN CONSUMING FE TABLETS IN SRANDAKAN
COMMUNITY HEALTH CENTER,
BANTUL, YOGYAKARTA**

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ABSTRACT

Background : Maternal mortality rate in Indonesia (AKI) reached 359 cases per 100.000 live births (SDKI, 2012). One of causal factors is anemia. Anemia is an unhealthy condition in which Hemoglobin level is below normal (>11gr%). The common cause of anemia in Indonesia is Zinc (Fe) deficiency. Government has taken a measure of Fe tablets administration to pregnant mothers who apply for pregnancy examination. Mothers in the stage of second three months of pregnancy term are available to be administered Fe tablets, therefore it is necessary to launch a study over the behavior of second trimester pregnant mothers in consuming Fe tablets in Srandakan Community Health Center, Bantul, Yogyakarta.

Objective : To uncover the behavior of second trimester pregnant mothers in consuming Fe tablets in Srandakan Community Health Center, Bantul, Yogyakarta.

Method : This was a quantitative descriptive study with survey approach. Population in this study was all second trimester pregnant mothers who apply for antenatal care examination during June – July in Srandakan Community Health Center, Bantul. Sampling technique was purposive sampling. Data were analyzed with multi variable analysis.

Result : The knowledge level of second trimester pregnant mothers in consuming Fe tablets in Srandakan Community Health Center, Bantul, was in good category as many as 29 respondents (93,5%), positive behavior as many as 31 respondents (100%), and good performance as many as 26 respondents (83,9%) respondents.

Conclusion : The behavior of second trimester pregnant mothers in consuming Fe tablets was in good category as many as 30 respondents (96,8%) respondents.

Keywords : Behavior, Fe tablets, Pregnancy.

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