

## GAMBARAN PENGETAHUAN AKSEPTOR KB SUNTIK DMPA DI BPM SRI MARWANTI GILANGHARJO PANDAK BANTUL

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### INTISARI

**Latar belakang:** Salah satu masalah yang dihadapi oleh negara Indonesia yaitu ledakan penduduk. Untuk mengatasi permasalahan tersebut masyarakat Indonesia menerapkan program Keluarga Berencana (KB), salah satunya yaitu KB suntik. KB suntik merupakan metode kontrasepsi efektif, yaitu metode yang kelangsungan pemakaian relatif tinggi serta angka kegagalan relatif rendah. Manfaat bila mengikuti program KB seperti meningkatkan derajat kesehatan wanita dan meningkatkan kelangsungan hidup wanita. Hasil studi pendahuluan di BPM Sri Marwanti dari 7 akseptor KB suntik DMPA diketahui sebanyak 5 orang (71,4%) tidak mengetahui tentang KB suntik DMPA.

**Tujuan:** Mengetahui gambaran pengetahuan akseptor KB suntik DMPA di BPM Sri Marwanti Gilangharjo Pandak Bantul.

**Metode:** Penelitian ini menggunakan metode *deskriptif*, pendekatannya menggunakan *cross sectional*. Pengambilan sampel dalam penelitian ini menggunakan *total sampling* sebanyak 35 akseptor. Waktu penelitian bulan Juli 2014. Analisis data menggunakan rumus prosentase.

**Hasil:** Penelitian menunjukkan bahwa pengetahuan akseptor KB suntik DMPA di BPM Sri Warwanti Gilangharjo Pandak Bantul mayoritas berpengetahuan cukup (71,4%). Berdasarkan pengertian KB suntik berpengetahuan baik (82,9%), tentang cara kerja baik (77,1%), tentang efektifitas kurang (80,0%), keuntungan dan kerugian baik (62,9%), indikasi dan kontraindikasi kurang (51,4%), efek samping cukup (48,6%), tentang waktu penggunaan baik (51,4%).

**Kesimpulan:** Pengetahuan akseptor KB suntik DMPA di BPM Sri Marwanti Gilangharjo Pandak Bantul mayoritas berpengetahuan cukup. Saran agar dapat meningkatkan penyuluhan tentang KB suntik DMPA.

**Kata Kunci:** AkseptorKB, SuntikDMPA, Pengetahuan

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## DESCRIPTION OF KNOWLEDGE A DMPA INJECTIONS KB ACCEPTORS IN BPM SRI MARWANTI GILANGHARJO PANDAK BANTUL

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### ABSTRACT

**Background:** One of the problems faced by the Indonesian state is the population explosion. To overcome these problems the Indonesian community implement a family planning program (KB), one of which is injection contraception. Injection contraception is an effective contraceptive method, the method using the continuity of relatively high and relatively low failure rate. Benefits when following such planning programs to improve the health of maternal and improve the survival of maternal. Results of preliminary studies in BPM Sri Marwanti from 7 injections of DMPA acceptors known to many as 5 people (71.4%) did not known about DMPA injection contraception.

**Objective:** To determine for description of knowledge a DMPA injection KB acceptors in BPM Sri Marwanti Gilangharjo Pandak Bantul.

**Methods:** This study used a descriptive method, using a cross-sectional approach. The samples in this study using a total sampling as many as 35 acceptors. The time of research on July 2014 Data analysis using percentage formula.

**Results:** The study showed that knowledge a DMPA injection KB acceptors in BPM Sri Warwanti Gilangharjo Pandak Bantul majority enough knowledgeable (71.4%). Based on the understanding of injection contraception are good knowledgeable (82.9%), about how to work are good knowledgeable (77.1%), about effectiveness are less knowledgeable (80.0%), about gains and losses are good knowledgeable (62.9%), indications and contraindications are less knowledgeable (51.4%), side effects are enough knowledgeable (48.6%), about use of the time are good knowledgeable (51.4%).

**Conclusion:** Knowledge a DMPA injection KB acceptors in BPM Sri Marwanti Gilangharjo Pandak Bantul majority good knowledgeable. Suggestions in order to improve education about DMPA injection contraception.

**Keywords:** KB Acceptors, Injection DMPA Contraception, Knowledge.