

**GAMBARAN TINGKAT PENGETAHUAN AKSEPTOR KELUARGA BERENCANA
(KB) TENTANG EFEK SAMPING KONTRASEPSI SUNTIK *DEPO MEDROXY
PROGESTIN ASETAT (DMPA)* DI BPS WAYAN WITRI KARANGPLOSO
MAGUWO HARJO SLEMAN YOGYAKARTA**

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INTISARI

Latar Belakang : Beberapa pengguna KB suntik sampai saat ini belum mengetahui efek samping yang akan muncul setelah dilakukan penyuntikan sehingga para akseptor mengalami kekhawatiran, kecemasan yang berlebihan. Hasil studi pendahuluan yang dilakukan di BPS Wayan Witri pada tanggal 08 Juni 2014 mengenai tingkat pengetahuan efek samping KB suntik DMPA didapatkan hasil sebanyak 22,22% memiliki pengetahuan baik, 27,78% memiliki pengetahuan cukup dan (50%) lainnya memiliki pengetahuan kurang tentang efek samping KB suntik DMPA.

Tujuan : Untuk mengetahui gambaran tingkat pengetahuan akseptor keluarga berencana tentang efek samping kontrasepsi suntik DMPA di BPS Wayan Witri.

Metode : Penelitian ini menggunakan metode *diskriptif kuantitatif*. Pengambilan sampel dilakukan dengan teknik *accidental sampling* diperoleh sampel sejumlah 106. Data dikumpulkan dengan menggunakan kuesioner dan dianalisis dengan distribusi frekuensi.

Hasil : Gambaran Tingkat Pengetahuan Akseptor KB Tentang Efek Samping kontrasepsi Suntik DMPA Di Bps Wayan Witri secara umum dikategorikan pengetahuan baik, yang terdiri dari perubahan pola haid 95,3% berpengetahuan cukup, peningkatan/penurunan berat badan berpengetahuan baik 100%, sakit kepala berpengetahuan baik 98,1%, dan keputihan berpengetahuan baik 92,5%.

Kesimpulan : Gambaran Tingkat Pengetahuan Akseptor KB Tentang Efek Samping kontrasepsi Suntik DMPA Di Bps Wayan Witri adalah berpengetahuan baik. Hal ini dipengaruhi oleh faktor umur, pendidikan, pekerjaan dan jumlah anak.

Kata Kunci : Tingkat pengetahuan, Efek samping KB suntik, DMPA

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**THE DESCRIPTION OF KNOWLEDGE LEVEL OF FAMILY PLANNING ACCEPTORS
ABOUT THE SIDE EFFECTS OF DEPO MEDROXY PROGESTIN ASETAT (DMPA)
INJECTION CONTRACEPTIVE IN PRIVATE PROFESSION PRACTICE
MIDWIFE WAYAN WITRI, KARANGPLOSO MAGUWOHARJO
SLEMAN YOGYAKARTA**

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ABSTRACT

Background : Some users of injectables has yet to know the side effects that will arise after the injection so that the acceptors having fears, anxiety, excessive. Study conducted in Private Profession Practice Midwife Wayan Witri on 8 June 2014 about the knowledge level concerning the side effects of DMPA injection contraceptive figured out 22,22 % of mothers had good knowledge, 27,78 % had sufficient knowledge, and 50 % had poor knowledge about the side effects of DMPA injection contraceptive.

Objective : To reveal the description of knowledge level of family planning acceptors about the side effects of depo medroxy progestin asetat (DMPA) injection contraceptive in Private Profession Practice Midwife Wayan Witri, Karangploso, Maguwoharjo, Sleman, Yogyakarta.

Method : This was a quantitative descriptive study. Sampling was implemented through accidental sampling technique to select 106 samples. Data were collected with questionnaires and analyzed with frequency distribution method.

Result : The knowledge level of Family Planning acceptors about the side effects of DMPA injection contraceptive in Private Profession Practice Midwife Wayan Witri was generally in good knowledge category consisting of changes menstrual pattern 95,3% good knowledgeable enough, the increase/decrease in weight good knowledge 100%, pain head good knowledge 98,1%, and whitish good knowledge 92,5%.

Conclusion : The description of knowledge level of Family Planning acceptors about the side effects of DMPA injection contraceptive in Private Profession Practice Midwife Wayan Witri was in good knowledge category. This was influenced by factors of age, education, occupation, and number of children.

Keywords : Knowledge Level, The Side Effects of Injection Contraceptive, DMPA.

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