

TINGKAT PENGETAHUAN IBU TENTANG DETEKSI DINI TUMBUH KEMBANG BALITA DI PUSKESMAS TEMPEL 1 SLEMAN YOGYAKARTA

INTISARI

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Latar Belakang : Balita merupakan periode penting dalam masa pertumbuhan dan perkembangan. Periode 5 tahun pertama kehidupan biasa disebut “masa keemasan” (*the golden period*) dan membutuhkan perhatian orangtua, keluarga dan lingkungan dalam membentuk kepribadian, kemampuan berpikir, kecerdasan, ketrampilan, kemampuan sosial dan penanaman dasar-dasar kemandirian, akan tetapi banyak orangtua tidak mengetahui tentang hal tersebut. Ketidaktahuan orangtua akan hal tersebut sangat berdampak pada pertumbuhan dan perkembangan anak, karena masa keemasan itu tidak akan terulang lagi. Pada studi pendahuluan yang dilakukan bulan maret 2013 di Puskesmas Tempel 1, dari 30 orang ibu yang diwawancarai dan diberikan kuisioner terdapat 25% yang mengetahui tentang tumbuh kembang anak balita.

Tujuan : Diketuainya Tingkat Pengetahuan Ibu tentang Deteksi Dini Tumbuh Kembang Balita di Puskesmas Tempel I Kabupaten Sleman Yogyakarta.

Metode penelitian : Penelitian ini menggunakan metode deskriptif dengan pendekatan *Survey*. Populasi dalam penelitian ini adalah ibu-ibu yang mempunyai anak balita di Puskesmas Tempel 1 Sleman. Menggunakan tehnik *accidental sampling* dengan analisis *unvariat*.

Hasil penelitian : Hasil penelitian menunjukkan bahwa Tingkat Pengetahuan Ibu Tentang Deteksi Dini Tumbuh kembang Balita di Puskesmas Tempel I Sleman Yogyakarta dalam kategori baik sebanyak 8 responden (9.6%), cukup sebanyak 33 responden (39.8%) dan kurang sebanyak 42 responden (50.6%).

Kesimpulan : Tingkat Pengetahuan Ibu Tentang Deteksi Dini Tumbuh kembang Balita di Puskesmas Tempel I Sleman Yogyakarta sebagian besar dalam kategori kurang sebanyak 42 responden (50.6%).

Kata kunci: Tingkat pengetahuan, pertumbuhan, perkembangan dan balita.

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**THE MOTHER KNOWLEDGE LEVEL ABOUT EARLY DETECTION
OF GROWTH AND DEVELOPMENT TODDLER IN PUBLIC
HEALTH CENTER TEMPEL 1 SLEMAN
YOGYAKARTA**

ABSTRACT

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Background: Toddler is an important period in the future growth and development. The first five year period of life called “the golden period” and in need of attention parents, families and the environment in the formation of personality, thinking, intelligence, skills, social skills and self-reliance planting basics, but a lot of people parents did not know about it. Ignorance of the parents that have a significant impact on the growth and development of toddler, because it was the golden age will not happen again. In the preliminary study conducted in March 2013 in Public Health Center Tempel I Sleman, of 30 mothers who were interviewed and given questionnaires contained 25% are aware about the growth and development of toddler.

Objective: The mother knowledge level about early detection of toddler growth and development in Public Health Center Tempel I Sleman Yogyakarta.

Methods: This study used descriptive survey approach. The population in this study were mothers whose toddler in Public Health Center Tempel I Sleman. Using accidental sampling technique with univariate analysis.

Results: The results showed that the mother knowledge level about early detection of toddler growth and development in Public Health Center Tempel I Sleman Yogyakarta came in good categories as many as 8 respondents (9.6%), enough categories as many as 33 respondents (39.8%) and less categories as many as 42 respondents (50.6%).

Conclusion: The knowledge level of mothers about early detection toddler growth and development in Public Health Center Tempel I Sleman Yogyakarta mostly in less categories as many as 42 respondents (50.6%).

Keywords: Knowledge Level, growth, development and toddler.

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