

HUBUNGAN PENAMBAHAN BERAT BADAN IBU SELAMA HAMIL DENGAN BERAT BADAN BAYI LAHIR DI PUSKESMAS BANGUNTAPAN I BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: Pertambahan berat badan ibu hamil menggambarkan status gizi selama hamil. Bayi baru lahir normal merupakan bayi yang lahir pada usia kehamilan 37-42 minggu dan berat badannya 2.500-4.000 gram. Angka kejadian BBLR pada tahun 2013 yaitu terdapat 41 bayi BBLR dari 645 kelahiran bayi, sedangkan pada bulan Januari sampai bulan Mei tahun 2014 terdapat 18 bayi BBLR dari 275 kelahiran bayi.

Tujuan : Mengetahui hubungan antara penambahan berat badan ibu selama hamil dengan berat badan bayi lahir di Puskesmas Banguntapan 1 Bantul, Yogyakarta

Metode Penelitian : Pendekatan retrospektif. Populasi semua ibu yang bersalin pada bulan Mei 2014 di wilayah Puskesmas Banguntapan I Bantul, Yogyakarta. Teknik sampling menggunakan metode *quota sampling*. Teknik pengumpulan data dengan wawancara dan observasi. Analisis *Bivariat* dengan teknik korelasi *Product Moment*.

Hasil Penelitian: Hasil analisis *Kendall's Tau* menunjukkan adanya hubungan antara penambahan berat badan ibu selama hamil dengan berat badan bayi lahir dapat diketahui sebesar 0,607 dengan nilai signifikan ($p=0.000$)

Kesimpulan: Terdapat hubungan yang signifikan antara penambahan berat badan ibu selama hamil dengan berat badan bayi lahir.

Kata Kunci: Penambahan Berat Badan, Ibu Hamil, Berat Bayi Lahir

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THE RELATION BETWEEN MOTHER BODY WEIGHT RAISE DURING PREGNANCY AND NEWBORN BIRTH WEIGHT IN BANGUNTAPAN I COMMUNITY HEALTH CENTER, BANTUL, YOGYAKARTA

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ABSTRACT

Background : Body weight raise in pregnant mothers represents nutritional status during pregnancy. A normal newborn baby who is born at the pregnancy age of 37-42 weeks with 2500-4000 grams of birth weight. The rate of low birth weight cases in 2013 were 41 babies out of 60 live birth during January-May 2014.

Objective : To disclose the relation between mothers' body weight raise during pregnancy and newborn birth weight in Banguntapan I Community Health Center, Bantul, Yogyakarta.

Method : Retrospective approach. Population was all delivering mothers in May 2014 in Banguntapan I Community Health Center, Bantul, Yogyakarta. Sampling technique applied quota sampling method. Data were collected through base. Analysis Dual Variable method with Product Moment correlation technique.

Result : The analysis of Kendall's Tau suggested that there was a relation between mother' body weight raise during pregnancy and newborn birth weight as many as 0,607 with significance value of ($p=0,000$).

Conclusion : There was a significant relation between mothers' body weight raise during pregnancy and newborn birth weight.

Keywords : Body Weight Raise, Pregnant Mother, Newborn Birth Weight

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