

## **GAMBARAN PERILAKU IBU DALAM PEMENUHAN NUTRISI PADA BALITA DI PUSKESMAS SEDAYU II BANTUL**

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### **INTISARI**

**Latar Belakang:** Berdasarkan data dari studi pendahuluan pada 14 Mei 2014 di Puskesmas Sedayu II Bantul jumlah balita dengan gizi baik sebanyak 81,86%, gizi kurang 15,45% dan gizi buruk sebanyak 2,69% dari 720 balita di Desa Argodadi. Hal ini menunjukkan masih terdapat anak yang mengalami gizi kurang.

**Tujuan:** Diketuinya gambaran perilaku ibu dalam pemenuhan nutrisi pada balita di Puskesmas Sedayu II Bantul.

**Metode Penelitian:** Penelitian ini menggunakan metode *survey descriptive* dengan jenis penelitian observasional. *Study descriptive* pada penelitian ini dilengkapi dengan data kualitatif untuk mengidentifikasi penyebab gizi kurang pada balita. Jumlah sampel sebanyak 88 responden dari Desa Argodadi Wilayah Kerja Puskesmas Sedayu II Bantul. Analisa data yang digunakan adalah analisis univariabel.

**Hasil:** Perilaku ibu dalam pemenuhan nutrisi pada balita kategori cukup yaitu sebanyak 50 responden (56,8%). Berdasarkan hasil wawancara dapat diketahui bahwa penyebab dari gizi kurang yang dialami oleh anak bukan disebabkan oleh perilaku ibu yang kurang tetapi karena adanya penyakit infeksi yang diderita anak.

**Kesimpulan:** Gambaran perilaku ibu dalam pemenuhan nutrisi pada balita termasuk dalam kategori cukup.

**Kata kunci:** Perilaku ibu, Pemenuhan nutrisi

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# THE DESCRIPTION OF MOTHER BEHAVIOR IN THE FULFILMENT OF NUTRITION IN CHILDREN UNDER FIVE YEARS OLD IN THE PUBLIC HEALTH CENTER SEDAYU II BANTUL

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## ABSTRACT

**Background:** Based on the pre study in May 14, 2014 in the Public Health Center Sedayu II Bantul, from 720 children under 5 years old in Argodadi village, 81.86 % of them are children under 5 years old with good nutrition, 15.45% of them with insufficient nutrition, and 2.69% of them with malnutrition. This indicates that children with malnutrition are still there.

**Purpose:** This research aims at knowing the description of mother behavior in the fulfilment of nutrition in children under five years old in the Public Health Center Sedayu II Bantul.

**Methodology:** This research uses survey descriptive method with observational type of research. Study Descriptive in this survey is accompanied with qualitative data in order to identify the causes of insufficient nutrition in children. The total sample of 88 respondents in Argodadi village.

**Result:** The descriptive result indicates that in the fulfilment of nutrition, respondents who is categorized into having sufficient behavior is 50 respondents (56,8%). Based on the interview conducted, it can be concluded that the cause of malnutrition suffered from by the children are not due to mother behavior but due to infection.

**Conclusion:** The description of mother behavior in the fulfilment of nutrition in children under five years old in the public health center Sedayu II Bantul is categorized sufficient behavior.

**Key words :** Mother behavior, Nutrition

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