

# GAMBARAN PENGETAHUAN IBU HAMIL MENGENAI KB IUD POST PLASENTA DI RSUD WONOSARI GUNUNGGKIDUL TAHUN 2015

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## INTISARI

**Latar Belakang :** Jumlah penduduk dunia pada tahun 2014 – 2015 berjumlah 7 miliar. Indonesia menduduki peringkat ke-4 dunia. Tingginya laju pertumbuhan penduduk, membuat pemerintah berupaya menekan laju pertumbuhan penduduk dengan program KB. Salah satunya peningkatan KB Pasca Persalinan, KB pasca salin yang mencegah angka kegagalan menggunakan KB adalah AKDR *pasca* Plasenta. Presentase yang mendapatkan pelayanan KB pasca salin di DIY menurut kabupaten yaitu, Bantul (57,2%), Kulonprogo (49,2%), Kota Yogyakarta (43,1%), Sleman (42,9%), Gunungkidul (32,3%).

**Tujuan Penelitian:** Mengetahui pengetahuan ibu hamil mengenai KB IUD *Post* Plasenta di RSUD Wonosari Gunungkidul Tahun 2015

**Metode Jenis:** penelitian deskriptif dengan pendekatan *cross sectional*, Waktu penelitian pada 1 Agustus-10 Agustus 2015 di POLI OBSGYN RSUD Wonosari, dengan 55 sampel ibu hamil, dengan menggunakan *Quota Sampling*. Alat pengumpulan data yang digunakan Kuesioner.

**Hasil Penelitian:** Pada penelitian ini didapatkan hasil distribusi frekuensi ibu hamil mengenai KB IUD *Post* Plasenta berdasarkan pengertian kategori kurang sebanyak 60%, cara kerja (52,7%), keuntungan (63,6%), indikasi (94,5%), kontraindikasi (47,3%), efektifitas (63,6%), cara pemasangan (58,2%), kelemahan (56,4%) dalam kategori baik, cara pemasangan kategori kurang (54,5%), waktu kontrol kategori baik (96,4%).

**Kesimpulan:** pengetahuan ibu hamil mengenai KB IUD *Post* Plasenta sebagian besar kategori cukup.

**Kata Kunci :** pengetahuan , IUD *Post* Plasenta

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# THE DESCRIPTION OF PREGNANT WOMEN'S KNOWLEDGE ABOUT POST PLACENTAL IUD CONTRACEPTIVE METHOD OF IN RSUD WONOSARI GUNUNGKIDUL IN 2015

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## ABSTRACT

**Background:** The total population of the world in 2014-2015 amounted to 7 billion. Indonesia was ranked 4th in the world. The high rate of population growth makes the government attempting to reduce the rate of population growth by family planning program. One of which is by increasing the postpartum family planning. Postpartum family planning that prevents the use of family planning failure rate is post-placental IUD. The percentages who receive postpartum family planning services in the province by regions are Bantul (57.2%), Kulonprogo (49.2%), Yogyakarta (43.1%), Sleman (42.9%), Gunungkidul (32.3%).

**Objective:** To get to know the pregnant women's knowledge about post placental IUD contraceptive method in RSUD Wonosari Gunungkidul in 2015.

**Type of Method:** The descriptive method with cross sectional approach. The research was conducted on August 1<sup>st</sup>-10<sup>th</sup>, 2015 in OBSGYN Policlinic of RSUD Wonosari, with 55 samples of pregnant women, using quota sampling. The data collection tool used questionnaires.

**Research Result:** In this research, it is obtained the result of distribution of pregnant women frequency about post placental IUD contraceptive method based on the definition of less good category is 60%, the way to work (52.7), benefits (63.6%), indication (94.5%), contra-indication (47.3%), effectiveness (63.6%), the way to install (58.2%), weakness (56.4%) are in good category, the way to install of less good category (54.5%), control time of good category (96.4%).

**Conclusion:** The pregnant women's knowledge about post placental IUD contraceptive method mostly belongs to sufficient category.

**Key words:** knowledge, post placental IUD

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