

# GAMBARAN PEMBERIAN ASI PADA BAYI USIA 6 SAMPAI 24 BULAN DI KELURAHAN PURWOKINANTI KECAMATAN PAKUALAMAN KOTA YOGYAKARTA

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## INTISARI

**Latar Belakang:** Pemberian ASI Eksklusif merupakan salah satu bentuk perilaku kesehatan yang memberikan banyak manfaat yang besar untuk bayi, ibu, keluarga, negara dan lingkungan namun angka pemberian ASI Eksklusif di Indonesia masih rendah yaitu 42%. Data Dinas Kesehatan Daerah Istimewa Yogyakarta mencatat cakupan ASI Eksklusif Puskesmas Pakualaman Kota Yogyakarta menduduki urutan terendah di Provinsi DIY yaitu 10,9% pada tahun 2013. Banyak faktor yang menghambat pemberian ASI Eksklusif, salah satunya adalah faktor ibu (Usia, Pendidikan, Paritas, dan Status Pekerjaan).

**Tujuan:** Diketuinya gambaran pemberian ASI pada bayi usia 6 sampai 24 bulan di Kelurahan Purwokinanti Kecamatan Pakualaman Kota Yogyakarta.

**Metode:** Penelitian ini merupakan penelitian deskriptif dengan pendekatan retrospektif. Sampel penelitian berjumlah 81 responden yaitu semua ibu menyusui yang mempunyai bayi berusia 6 sampai 24 bulan di Kelurahan Purwokinanti, Kecamatan Pakualaman, Kota Yogyakarta. Teknik pengambilan sampel menggunakan *total sampling*. Pengambilan data dilakukan dengan wawancara kepada responden berdasarkan pernyataan pada lembar angket. Analisis data yang digunakan adalah *univariat* yang digambarkan dalam bentuk persentase.

**Hasil:** Pemberian ASI mayoritas dalam kategori ASI Non Eksklusif sebanyak 58 responden (71,6%). Lama pemberian ASI Non Eksklusif selama 1 bulan sebanyak 17 responden (29,3%), selama 2 bulan sebanyak 14 responden (17,3%), selama 3 bulan sebanyak 10 responden (12,3%), selama 4 bulan sebanyak 9 responden (11,1%), dan selama 5 bulan sebanyak 8 responden (9,9%).

**Kesimpulan:** Pemberian ASI Eksklusif di Kelurahan Purwokinanti Kecamatan Pakualaman Kota Yogyakarta masih rendah sebanyak 23 responden (28,4%).

**Kata Kunci:** ASI, Bayi Usia 6 sampai 24 bulan.

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## THE DESCRIPTION OF BREASTFEEDING FOR 6-24 MONTH OLD BABIES IN PURWOKINANTI, PAKUALAMAN YOGYAKARTA

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### ABSTRACT

**Background:** Exclusive breastfeeding is one of health behavior which gives much benefit for babies, mothers, families, state, and environment but exclusive breastfeeding rate in Indonesia remains low as many as 42%. Data from Health Agency of Special Province of Yogyakarta notes that the coverage of exclusive breastfeeding in Pakualaman community health center of Yogyakarta has the smallest scale in The Special Province of Yogyakarta as many as 10,9% in 2013. There are many factors that obstruct exclusive breastfeeding and one of them is maternal factors (age, education, parity, and occupational status).

**Objective:** To find out the description of breastfeeding for 6-24 month old babies in Purwokinanti, Pakualaman, Yogyakarta.

**Method:** This study was a descriptive study with retrospective approach. Samples in this study were 81 respondents who were all breastfeeding mothers who were raising 6-24 month babies in Purwokinanti, Pakualaman, Yogyakarta. Samples were selected by using total sampling technique. Data were collected by conducting interviews with respondents according to statements in questionnaires. Data analysis applied single variable analysis in the form of percentage.

**Result:** The majority of exclusive breastfeeding was in Non-exclusive breastfeeding category as many as 58 respondents (71,6%). The duration of Non-exclusive breastfeeding as long as 1 month was applied by 17 respondents (29,3%), 2 month was applied by 14 respondents (17,3%), 3 month was applied by 10 respondents (12,3%), 4 month was applied by 9 respondents (11,1%), and 5 month was applied by 8 respondents (9,9%).

**Conclusion:** Exclusive breastfeeding in Purwokinanti, Pakualaman, Yogyakarta, remained low as many as 23 respondents (28,4%).

**Keywords:** Breastfeeding, 6-24 month old babies

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