

TINGKAT KEPATUHAN DALAM MENGGUNAKAN TABLET FE PADA IBU HAMIL DI PUSKESMAS MERGANGSAN KOTA YOGYAKARTA

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INTISARI

LatarBelakang: *Anemia World Map* menyebutkan 51% wanita hamil menderita anemia sehingga menyebabkan kematian hingga 300 jiwa per hari. Peningkatan prevalensi anemia terjadi di DIY tahun 2014 (25,31%). Cakupan pemberian tablet Fe I dan Fe III menurun di Kota Yogyakarta pada tahun 2012 menjadi 79,17% dan 73,07%. Data yang diperoleh dari studi pendahuluan yang dilakukan menunjukkan bahwa jumlah ibu hamil yang memeriksa kehamilannya dari bulan Maret-Juli pada tahun 2015 berjumlah 182 ibu hamil. Ibu hamil yang memasuki trimester III yang memiliki kadar HB < 11 gram% berjumlah 43 orang. Desa Wirogunan 12 ibu hamil trimester III, Desa Keparakan 17 ibu hamil, Desa Brontokusuman 14 ibu hamil.

Tujuan: Dari penelitian ini adalah untuk mengetahui tingkat kepatuhan dalam mengonsumsi tablet Fe pada ibu hamil di Puskesmas Mergangsan Kota Yogyakarta.

Metode Penelitian: Jenis penelitian ini bersifat deskriptif kuantitatif. Teknik pengambilan sampel dengan teknik *total sampling* dengan jumlah sampel pada penelitian ini sebanyak 43 responden.

HasilPenelitian: Tingkat kepatuhan dalam mengonsumsi tablet Fe pada ibu hamil di Puskesmas Mergangsan Kota Yogyakarta dari 43 responden terdapat 30 responden (61,25%) dalam kategori patuh dan 13 responden (38,75%) dalam kategori tidak patuh.

Kesimpulan: Dari data diatas dapat disimpulkan bahwa tingkat kepatuhan dalam mengonsumsi tablet Fe pada ibu hamil terbanyak pada kategori patuh yaitu 30 responden.

Kata Kunci: Kepatuhan, tablet Fe.

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**THE OBEDIENCE OF PREGNANT WOMEN IN CONSUMING IRON
TABLET (FE) AT COMMUNITY HEALTH CENTER IN
MERGANGSAN, YOGYAKARTA**

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ABSTRACT

Background: Anemia world map at the same time stated that 51 percent of pregnant women have got anemia. As the result, this condition caused 300 pregnant women died per day. Meanwhile prevalence of anemia among women increased in 2014 (25,31 percent). The consumption of Fe I tablet and Fe III tablet decreased. In 2012 become 79,17 percent and 73,07 percent. The data were collected from pretest study conducted at Community Health Center in Mergangsa, Yogyakarta, it showed that pregnant women who checked their pregnancy on March to July 2015 were 182 pregnant women. Pregnant women who entered third trimester who had HB less than 11 gram % were 43 pregnant women. In Wirogunan were 12 pregnant women in third trimester. In Keparakan were 17 pregnant women. In Brontokusuman were 14 pregnant women.

Purpose: The purpose of the study is to know the obedience of pregnant women in consuming iron tablet (Fe) at Community Health Center in Mergangsari, Yogyakarta.

Method: The method of the study is descriptive qualitative. The sample were 43 respondents taken by using total sampling technique.

Result: The obedience of pregnant women in consuming iron tablet (Fe) at Community Health Center in Mergangsari, Yogyakarta. Of 43 respondents, 30 respondents obeyed in consuming iron tablet, 13 respondents did not obey it.

Conclusion: Based on the data above, with the result of 30 respondents (69,8%) consumed iron tablet, the writer concluded that pregnant women in consuming iron tablet were categorized obedient.

Keywords: Obedience, iron tablet (Fe)

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