

## INTISARI

### **Tingkat Pengetahuan Tentang Asi Eksklusif Pada Ibu yang Menggunakan Susu Formula Di Desa Jonggolsari Kecamatan Leksono Kabupaten Wonosobo**

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**Latar Belakang :** Tingkat pengetahuan ibu tentang asi eksklusif masih kurang. Kurangnya tingkat pengetahuan disebabkan oleh ibu kurang mengetahui tentang manfaat ASI eksklusif sebanyak 100%.

**Tujuan :** Diketahui tingkat pengetahuan tentang pengertian asi eksklusif, kandungan dan manfaat ASI eksklusif di Desa Jonggolsari Kecamatan Leksono Kabupaten Wonosobo.

**Metode Penelitian :** Jenis penelitian deskriptif, pendekatan cross sectional, sampel 21 orang pada ibu yang menggunakan susu formula. Analisis data menggunakan prosentase.

**Hasil Penelitian :** 80,9 responden memiliki tingkat pengetahuan cukup dan kurang terhadap pengertian asi eksklusif, 85,8% responden memiliki tingkat pengetahuan cukup dan kurang terhadap kandungan asi eksklusif, 100% responden belum mengetahui manfaat asi eksklusif

**Kesimpulan :** Tingkat pengetahuan ibu tentang asi eksklusif dalam kategori cukup dan kurang

**Kata Kunci :** Tingkat Pengetahuan tentang Asi Eksklusif, ibu yang menggunakan susu formula

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## ABSTRACT

## **Knowledge Level About Asi Exclusive In Using Mother Infant Formula In Jonggolsari Village district of Wonosobo regency Leksono**

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**Background:** Central Java province in 2004 achieving exclusive breastfeeding as much as 27.23% and 72.77% formula feeding. In 2005 and 2006 were 28.08% and 71.92% formula feeding. One district in Central Java, Wonosobo, Wonosobo Health Department data from 2007 pencapai exclusive breastfeeding was 34.68%, and 65.32% formula feeding. This shows that there are many mothers who did not breastfeed exclusively and choose to formula feed (Profile of Central Java Provincial Health Office, 2010). Based on data from the health center Leksono, survey results and diet breastfeeding infants 0-6 months which was conducted in March 2013 at the Puskesmas, Jonggolsari Village is a region with a percentage Giving Complementary feeding (MP-ASI) which is quite high compared to other villages . Through observation and interviews directly to the mothers of children aged 0-6 months, found 60% (6 of 10 infants aged 0-6 months) has been given complementary feeding as infant formula.

**Objective:** To determine the level of knowledge about exclusive breastfeeding in mothers who use formula milk and to determine the characteristics of the respondents

**Method:** a descriptive study, a cross sectional sample of 21 people according to the inclusion and exclusion kriterian. Data using univariate analysis.

**Results:** Most respondents had knowledge level "Enough" as many as 10 respondents terhadap exclusive breastfeeding sense, majority of the respondents had knowledge level "Enough" by 17 respondents to the content of exclusive breastfeeding, Most of the respondents had knowledge level "Enough" by 13 respondents to benefits of exclusive breastfeeding

**Conclusion:** The level of knowledge of mothers about exclusive breastfeeding in enoughcategories

Keywords:AsiExclusive

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