

**HUBUNGAN *SELF EFFICACY* DENGAN KEMATANGAN KARIR
MAHASISWA PROFESI NERS STIKES JENDERAL ACHMAD YANI
YOGYAKARTA TAHUN 2014-2015**

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INTISARI

Latar Belakang: Kematangan karir merupakan keberhasilan individu dalam menyelesaikan tugas-tugas perkembangan karir pada tahap perkembangan pekerjaan yang dipilih salah satu faktor yang mempengaruhi kematangan karir individu yaitu memiliki tujuan yang realistis dan sesuai dengan bakat dan minat, lebih bisa menerima dirinya sendiri secara apa adanya adalah *self efficacy*.

Tujuan : Untuk mengetahui hubungan *self efficacy* terhadap kematangan karir mahasiswa Profesi Ners Sekolah Tinggi Ilmu Kesehatan Jenderal Achmad Yani Yogyakarta

Metode: Penelitian ini adalah kuantitatif dengan metode analitik korelasional. Jumlah sampel yang diperoleh sebanyak 20 responden dengan teknik sampling yang digunakan adalah teknik *total sampling*. Analisis statistik inferensial menggunakan uji *Kendall's Tau* dengan tingkat kepercayaan 95% ($\alpha=0,05$).

Hasil : Ada hubungan yang signifikan antara *self efficacy* dengan kematangan karir mahasiswa Profesi Ners Sekolah Tinggi Ilmu Kesehatan Jenderal Achmad Yani Yogyakarta. Karakteristik mahasiswa profesi ners adalah perempuan berjumlah 12 orang (60,0%) dengan umur terbanyak 23 tahun sebanyak 7 orang (35,0%) dan sebanyak 9 (45,0%) berencana bekerja di RS setelah lulus profesi ners. Lebih dari separuh mahasiswa memiliki *self efficacy* kategori sedang 14 orang mahasiswa (70,0%) dari 20 mahasiswa. Lebih dari separuh mahasiswa memiliki tingkat kematangan karier kategori sedang 15 orang mahasiswa (75,0%) dari 20 mahasiswa.

Kesimpulan: Koefisien korelasi sebesar 0,521 berada pada interval 0,400-0,599 yang berarti terdapat hubungan yang sedang antara *self efficacy* dengan kematangan karir mahasiswa.

Kata Kunci: *self efficacy*, kematangan karir mahasiswa

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**RELATIONSHIP SELF EFFICACY WITH CAREER MATURITY OF
NURSES PROFESSION STUDENTS AT STIKES JENDERAL ACHMAD
YANI YOGYAKARTA YEAR 2014-2015**

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ABSTRACT

Background: Career maturity an individual's success in completing the tasks of career development at the stage of development of the selected job one of the factors that influence an individual's career maturity that has realistic objectives and according to their talents and interests, more able to accept herself as she really is self efficacy.

Objective: To determine the relationship of self-efficacy to the career maturity on nurses profession student at Health Sciences High School Jenderal Achmad Yani Yogyakarta.

Methods: This study was correlational quantitative analytical method. The number of samples obtained 20 respondents with the sampling technique used was total sampling technique. Inferential statistical analysis using Kendall's Tau test with a confidence level of 95% ($\alpha = 0.05$).

Result: There was a significant relationship between self-efficacy in career maturity Profession student nurses College of Health Sciences at Jenderal Achmad Yani Yogyakarta. Characteristics of professional students and nurses are women numbering 12 people (60.0%) with the largest age 23 years as many as 7 people (35.0%) and as many as 9 (45.0%) plan to work at a hospital after graduate of nurses profession. More than half the students have high self-efficacy 14 students (70.0%) of 20 students. More than half the students have a level of career maturity moderate category were 15 students (75.0%) of 20 students.

Conclusion: The correlation coefficient of 0.521 is in the interval from 0.400 to 0.599, which means there is a medium relationship between self efficacy with career maturity of students.

Key words: self-efficacy, career maturity of students

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