

HUBUNGAN PERSEPSI LANSIA TENTANG PERAN PERAWAT DENGAN TINGKAT DEPRESI LANSIA DI PANTI SOSIAL TRESNA WERDA BUDI LUHUR YOGYAKARTA

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INTISARI

Latar Belakang: Lansia adalah seseorang yang telah mencapai usia 60 tahun ke atas. Terdapat teori yang mempengaruhi proses menua yaitu teori biologis, sosiologis, psikologis, dan moral/spiritual. Perubahan psikologis dapat menyebabkan depresi pada lansia. Maka dari itu lansia membutuhkan komitmen peran yang tinggi dari perawat untuk meningkatkan kesejahteraan lansia.

Tujuan Penelitian: Untuk mengidentifikasi persepsi lansia tentang peran perawat dengan tingkat depresi lansia di Panti Sosial Tresna Werda Budi Luhur Yogyakarta.

Metode Penelitian: Korelatif dengan pendekatan *cross sectional* populasi dalam penelitian ini adalah 88 lansia di Panti Sosial Tresna Werdha Budi Luhur Yogyakarta. Teknik sampel yang digunakan adalah *simple random sampling* dengan subjek yang digunakan sebesar 46 lansia. Alat ukur yang digunakan adalah kuesioner, analisa data univariat untuk melihat proporsi disajikan dalam bentuk tabel distribusi frekuensi dan analisa bivariat menggunakan *Kendall Tau*.

Hasil: Peran perawat baik 10 orang (21,7%), peran perawat cukup 36 orang (78,3%) sedangkan tingkat depresi ringan 29 orang (63%), tingkat depresi sedang 17 orang (37%). Hasil uji statistik menunjukkan tidak adanya hubungan antara persepsi lansia tentang peran perawat dengan tingkat depresi lansia ($r=0,185$ dan $p=0,214$). Persepsi lansia tentang peran perawat yang mengalami depresi tidak hanya disebabkan peran perawat tetapi banyak faktor yang mempengaruhi.

Kata Kunci: Lansia, Peran Perawat, Tingkat Depresi.

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THE RELATIONSHIP OF ELDERLY PERCEPTION TO NURSES ROLE' FOR DEPRESSION LEVEL OF THE OLDER PEOPLE IN THE RESIDENTIAL AGED CARE BUDI LUHUR YOGYAKARTA

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ABSTRACT

Background: Elderly is an individual who has reached the age of 60 or older. There are theories concerning aging process which are called biological, sociological, psychological, and moral / spiritual theory. Psychological changes may generate depression in elderly. Therefore, elderly is in need of a high role commitment from nurses to enhance prosperity of elderly.

Objective: To identified the relation of elderly perception to nurses role for depression level of the older people in the residential aged care Budi Luhur Yogyakarta.

Method: This was a correlative study with cross sectional approach. Population in this study was 88 elderly in the residential aged care Budi Luhur nursing home Yogyakarta. Sampling technique applied simple random sampling with subjects in use as many as 46 elderly. Measuring tool was questionnaires. Univariate data analysis to view the presented proportion in form of frequency distribution table and bivariate analysis applied Kendall Tau.

Result: Nurses' role was good as many as 10 persons (21,7%), nurses' role was sufficient as many as 36 persons (78,3%), mild depression level as many as 29 persons (63%), moderate depression level as many as 17 persons (37%). The result of statistical examination indicated no relation between nurses' role and depression level of the elderly ($r= 0,185$ and $p= 0,214$). Elderly who experienced depression were not only caused by nurses' role, but also many influential factors.

Keywords: Elderly, Nurses Role, Depression Level.

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