

GAMBARAN PERILAKU MEROKOK PASIEN AKUT MIOKARD INFARK (AMI) DI RUANG ICU DAN POLIKLINIK DALAM RSUD PANEMBAHAN SENOPATI BANTUL YOGYAKARTA

Hanggono Jati¹, Deby Zulkarnain Rahadian Syah², R Anggono Joko Prasajo³

INTISARI

Latar Belakang : Kesehatan seseorang dipengaruhi oleh faktor internal dan eksternal. Salah satu faktor dari eksternal adalah perilaku merokok. Merokok merupakan faktor risiko terjadinya penyakit jantung. Pada hasil studi pendahuluan pada pasien AMI di RSUD Panembahan Senopati Bantul didapatkan tiga pasien perokok aktif. Dua pasien merokok mulai umur <10 tahun. Perilaku merokok pada pasien tersebut bermacam-macam, dua responden mempunyai perilaku merokok berat yaitu sehari merokok 2 bungkus rokok kretek, dan satu responden mempunyai perilaku merokok sedang yaitu merokok kretek 17 batang perhari. Cara menghisap rokok pasien terdapat dua pasien yang menghisap sampai mulut. Berdasarkan latar belakang tersebut maka peneliti akan melakukan penelitian tentang gambaran perilaku merokok pada pasien AMI di RSUD Panembahan Senopati Bantul.

Tujuan : Mengetahui gambaran perilaku merokok pasien AMI di RSUD Panembahan Senopati Bantul.

Metode : Penelitian ini menggunakan metode penelitian kuantitatif *non-experiment* dengan desain penelitian adalah deskriptif. Sampel yang digunakan dalam penelitian berjumlah 30. Analisa data yang dilakukan dengan cara analisa univariat dengan menggunakan tabel distribusi yang disusun berdasarkan kuesioner.

Hasil : Gambaran perilaku merokok pasien AMI di RSUD Panembahan Senopati Bantul sebanyak 53,3% perokok berat. Jenis rokok yang banyak dihisap yaitu jenis Non Filter yaitu sebanyak 60%. Perilaku menghisap asap rokok juga yang paling banyak adalah menghisap sampai dalam atau sampai paru. Perokok pada pasien AMI yaitu yang merokok usia <10 tahun terdapat 60%.

Kesimpulan : Gambaran perilaku merokok pada pasien AMI di RSUD Panembahan Senopati Bantul dengan kategori perilaku merokok berat.

Kata Kunci : Akut Miokard Infark, Perilaku Merokok

¹ Mahasiswa Stikes Jenderal Achmad Yani Yogyakarta Program Studi Ilmu Keperawatan

² Dosen Stikes Jenderal Achmad Yani Yogyakarta Program Studi Ilmu Keperawatan

³ Kepala Ruang Instalasi Gawat Darurat Rumah Sakit Umum Daerah Wates

**THE SMOKING BEHAVIOR OF PATIENTS WITH ACUTE
MYOCARDIAL INFARCTION (AMI) IN ICU ROOM AND POLYCLINIC
INTERNAL PANEMBAHAN SENOPATI GENERAL HOSPITAL,
BANTUL YOGYAKARTA**

Hanggono Jati¹, Deby Zulkarnain Rahadian Syah², R. Anggono Joko Prasajo³

ABSTRACT

Background: People's health is influenced by internal and external factors. One of the external factors is smoking behavior. A preliminary study done to the patients with AMI in Panembahan Senopati General Hospital, Bantul found that three patients were active smokers and two of them started to smoke before 10 years old. They showed different smoking behaviors; 2 of them were heavy smokers who smoked 2 packs of cigarettes a day and one of them was at the medium level, who smoked 17 cigarettes a day. Two of the patients inhaled the cigarette smoke into their mouths. Those data have motivated the researcher to do research on the smoking behavior of patients with AMI in Panembahan Senopati General Hospital, Bantul

Objectives: This research is to find out the smoking behavior of patients with AMI in Panembahan Senopati General Hospital, Bantul

Research Methodology: This non-experimental research was a descriptive quantitative one. As many as 30 respondents participated in this research. The data were analyzed using the univariate analysis with distribution tables arranged based on questionnaires.

Results: The results indicate that 53.3% of the patients with AMI in Panembahan Senopati General Hospital, Bantul were heavy smokers. Sixty percent of the respondents smoked non-filter cigarettes. Most of the respondents' smoking behavior showed that they inhaled the cigarette smoke deeper into their lungs. Sixty percent of them started smoking when even younger than 10 years old.

Conclusion: The smoking behavior of patients with AMI in Panembahan Senopati General Hospital, Bantul was categorized as heavy smokers.

Key words: Acute Myocardial Infarction, smoking behavior

¹ Student of Nursing Science Undergraduate Study Program, Achmad Yani School of Health Science, Yogyakarta

² Lecturer of Nursing Science Undergraduate Study Program, Achmad Yani school of Health Science, Yogyakarta

³ Head of Emergency Room, Wates District General hospital, Yogyakarta