

**HUBUNGAN TIPE KEPERIBADIAN DENGAN MEKANISME KOPING
MAHASISWA SEMESTER II TAHUN AJARAN 2014/2015
PROGRAM STUDI ILMU KEPERAWATAN
STIKES JENDERAL ACHMAD YANI
YOGYAKARTA**

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INTISARI

Latar belakang: Tipe Kepribadian merupakan totalitas ciri-ciri seorang mahasiswa yang tergambar dalam perilaku dan tak terbatas pada reaksi mahasiswa tersebut. Tipe kepribadian yang dimiliki mahasiswa keperawatan akan berdampak pada pemilihan coping mahasiswa dalam menghadapi masalah.

Tujuan: Penelitian ini bertujuan untuk mengetahui hubungan antara tipe kepribadian dengan mekanisme coping pada mahasiswa semester dua Program Studi Keperawatan Stikes Jendral Achmad Yani Yogyakarta.

Rancangan penelitian: Desain penelitian ini adalah penelitian *deskriptif korelasi* dengan pendekatan *cross sectional* yang menggunakan kuesioner. Teknik pengambilan data menggunakan *purposive sampling* dengan jumlah sampel sebanyak 86 responden.

Hasil: Analisis uji *chi-square* menunjukkan hasil signifikansi p-value sebesar $0,000 < 0,05$. Responden tipe kepribadian *ekstrovert* sebanyak 61 orang (70,9%) memiliki mekanisme coping *emotion-focused coping* (EFC) dan sebanyak 6 orang (7,0%) memiliki mekanisme coping *problem-focused coping*. Responden tipe kepribadian *introvert* sebagian kecil memiliki mekanisme coping *emotion-focused coping* (EFC) yakni 8 orang (9,3%) dan memiliki mekanisme coping *problem-focused coping* (PFC) sebanyak 11 orang (12,8%).

Kesimpulan: Berdasarkan hasil penelitian ada hubungan antara tipe kepribadian dengan mekanisme coping mahasiswa program studi keperawatan semester II tahun ajaran 2014/2015 Sekolah Tinggi Ilmu Kesehatan Jenderal Achmad Yani Yogyakarta.

Kata kunci: Mahasiswa Keperawatan, Mekanisme Coping, Tipe Kepribadian

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ABSTRACT

THE CORRELATION BETWEEN PERSONALITY TYPE AND COPING MECHANISM AMONG SEMESTER 2 STUDENTS OF NURSING DEPARTMENT, ACADEMIC YEAR 2014/2015 *JENDERAL ACHMAD YANI* SCHOOL OF HEALTH SCIENCES, YOGYAKARTA

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ABSTRACT

Background: Personality type encompass the total characteristics of college students, and they are reflected in their behaviors, not only limited to their reactions. The type of personality owned by nursing department students will affect their choice of coping strategy when dealing with problems.

Objective: This research aimed to determine the correlation between personality traits and coping mechanisms among semester 2 Nursing Department students of *Jenderal Achmad Yani* School of Health Sciences, Yogyakarta.

Research Design: This is a descriptive correlation research which used a cross sectional approach with the help of questionnaires. The data collection used purposive sampling technique. There were 86 respondents involved as samples.

Results: Chi-square test analysis showed that the results of significance p-value was $0.000 < 0.05$. There were 61 respondents with extroverted type of personality (70.9%), they applied emotion-focused coping (EFC) strategy, and 6 respondents (7.0%) applied problem-focused coping strategy. Among respondents with introverted personality type, 8 respondent (9.3%) applied emotion-focused coping (EFC) strategy, and 11 respondents (12.8%) applied problem-focused coping (PFC) strategy.

Conclusion: There was a correlation between personality type and coping mechanisms among semester 2 Nursing Department students of *Jenderal Achmad Yani* School of Health Sciences, Yogyakarta.

Keywords: student nursing ,coping mechanism, personality traits

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