

# GAMBARAN PENGETAHUAN IBU PRIMIGRAVIDA TRIMESTER III TENTANG IMD (INISIASI MENYUSU DINI) DI PUSKESMAS TEMON II KULONPROGO YOGYAKARTA TAHUN 2015

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## INTISARI

**Latar Belakang :** Inisiasi Menyusu Dini dinyatakan dapat menekan angka kematian pada bayi baru lahir. Ibu yang tidak melakukan IMD tertinggi di Kabupaten Kulonprogo sebesar 28,5 %. Data dari PWS KIA Kulonprogo menyatakan bahwa bayi dengan indikator IMD terendah yaitu puskesmas Temon II sebanyak 88 bayi. Ibu primigravida sangat membutuhkan pengetahuan mengenai Inisiasi Menyusu Dini karena ini merupakan pengalaman kehamilan pertama ibu.

**Tujuan :** Penelitian ini bertujuan untuk mengetahui gambaran pengetahuan ibu primigravida trimester III tentang IMD (Inisiasi Menyusu Dini) di Puskesmas Temon II Kulonprogo Yogyakarta tahun 2015.

**Metode :** Penelitian ini menggunakan metode deskriptif dengan pendekatan *cross sectional*. Pengambilan sampel dengan metode *purposive sampling* berjumlah 30 responden. Alat pengumpulan data menggunakan kuesioner dan analisis data menggunakan analisis *univariate*.

**Hasil :** Hasil penelitian diperoleh pengetahuan ibu primigravida trimester III tentang Inisiasi Menyusu Dini dalam kategori baik sebanyak 10 responden (33,3%), cukup sebanyak 19 responden (63,3%), dan kurang sebanyak 1 responden (3,3%).

**Kesimpulan :** Hasil penelitian menunjukkan bahwa pengetahuan ibu primigravida trimester III tentang Inisiasi menyusu Dini di Puskesmas Temon II Kulonprogo Yogyakarta tahun 2015 dalam kategori cukup sebanyak 19 responden (63,3%)

**Kata Kunci :** Pengetahuan, ibu primigravida trimester III, Inisiasi Menyusu Dini

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# THE DESCRIPTION OF KNOWLEDGE OF PRIMIGRAVIDA MOTHER IN TRIMESTER III ABOUT EARLY INITIATION OF BREASTFEEDING IN PUSKESMAS TEMON II KULONPROGO YOGYAKARTA YEAR 2015

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## ABSTRACT

**Background :** Early of Breastfeeding Initiation can reduce the death rate of the newborn babies. The highest rate of mothers who do not do IMD in Kulonprogo is about 28.5%. PWSKIA Kulonprogo recorded that there are 88 babies who have lowest IMD indicators in Puskesmas Temon II. Primigravida mother desperately need knowledge of Early Initiation of Breastfeeding because it is their first maternity.

**Objective of the study :** The aim of this study is to describe the knowledge of primigravida mothers in third trimester about IMD (Early Initiation of Breastfeeding) in Puskesmas Temon II Kulonprogo Yogyakarta in 2015.

**Research Method :** This study uses a descriptive method with cross sectional approach. The data taken by purposive sampling method and 30 mothers become respondents. Data collected uses questionnaire and analyzed by univariate analysis.

**Result study :** The results shows that knowledge of primigravida mothers in third trimester about Early Initiation of Breastfeeding are 10 respondents (33.3%) have good knowledge, 19 respondents (63.3%) have adequate knowledge, and one respondent (3.3%) has less knowledge.

**Conclusion :** The results shows that the knowledge of primigravida mother in third trimester about Early initiation of breastfeeding in the Puskesmas Temon II Kulonprogo Yogyakarta in 2015 in adequate category as 19 respondents (63.3%)

**Keywords :** Knowledge, primigravida mother in trimester III, Early Initiation of Breastfeeding

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