

INTISARI

GAMBARAN DUKUNGAN SUAMI TERHADAP PROSES INISIASI MENYUSUI DINI (IMD) DI RUANG VERLOS KAMER (BERSALIN) RSUD WONOSARI, GUNUNG KIDUL

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Latar Belakang : Data dari Kemenkes 2014, menunjukkan pada tahun 2013 prevalensi ibu yang melakukan IMD sebanyak 34,5% dari total ibu melahirkan hidup. Resiko kematian bayi antara usia 9 – 12 bulan meningkat 40 % jika bayi tersebut tidak disusui. Suami dapat mempengaruhi inisiasi dan mempertahankan menyusui bayi, meningkatkan percaya diri istri saat menyusui, dan durasi menyusui.

Tujuan Penelitian : Untuk mengetahui dukungan suami terhadap proses inisiasi menyusui dini (IMD) di RSUD Wonosari, Gunung Kidul.

Metode Penelitian : Metode penelitian deskriptif non analitic. Sampel diambil dengan teknik *accidental sampling*, sehingga diperoleh jumlah sampel sebanyak 30 responden. Instrumen penelitian adalah kuesioner dan hasil penelitian dianalisis dengan *distribusi frekuensi* relatif atau *prosentase*.

Hasil Penelitian : Dukungan suami terhadap proses inisiasi menyusui dini di RSUD Wonosari, Gunung Kidul kategori mendukung sebanyak 23 orang (76,7%). Dukungan psikologi suami kategori mendukung sebanyak 25 orang (83,3%). Dukungan sosial kategori mendukung sebanyak 19 orang (63,3%). Dukungan informasi suami kategori mendukung sebanyak 22 orang (73,3%). Dukungan lingkungan suami kategori mendukung sebanyak 21 orang (70%).

Kesimpulan : Dukungan suami terhadap proses inisiasi menyusui dini di RSUD Wonosari, Gunung Kidul kategori mendukung.

Kata Kunci : dukungan, suami, inisiasi menyusu dini

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ABSTRACT

THE OVERVIEW OF HUSBAND'S SUPPORT OF EARLY INITIATION BREASTFEEDING PROCESS AT REGIONAL VERLOS KAMER (PREGNANCY) HOSPITAL OF WONOSARI, GUNUNG KIDUL

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Background: Data from Ministry of Health 2014, showed in year 2013 prevalence of mothers who did EBI as much 34,5% from total live maternal. The risk of infants' mortality in 9 to 12 months old increase 40 % if those babies do not breastfeed. Husband can influence the initiation and defend to breastfeed the baby, increase the wife's confidence when feeding, and breastfeed duration.

Research Purpose: This I'm of the resert to know the husband's support of Early Breastfeeding Initiation process at Regional General Hospital of Wonosari, Gunung Kidul

Research Method: Research method is descriptive non analytic. Samples taken by accidental sampling technique, so obtain the number of samples as many 30 respondents. Instrument on this research is questioner and research result analyzed by relative frequency distribution or percentage.

Research Result: Husband's support of Early Breastfeeding Initiation process at Regional General Hospital of Wonosari, Gunung Kidul in support category as many 23 people (76,7%). Psychology support of husband in support category as many 25 people (83,3%). Social support in support category as many 19 people (63,3%). Information support of husband in support category as many 22 people (73,3%). Environment support of husband in support category as many 21 people (70%).

Conclusion: Husband's support on process of Early Breastfeeding Initiation at Regional General Hospital of Wonosari, Gunung Kidul in support category.

Keywords: Support, Husband, Early Breastfeeding Initiation

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