

HUBUNGAN PHBS DENGAN PEMANFAATAN BPJS KESEHATAN DI MASYARAKAT WILAYAH PUSKESMAS MLATI II SLEMAN YOGYAKARTA

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INTISARI

Latar Belakang : Semua penduduk Indonesia wajib menjadi peserta jaminan kesehatan yang dikelola oleh Badan Penyelenggara Jaminan Sosial (BPJS) kesehatan termasuk orang asing yang telah bekerja paling singkat enam bulan di Indonesia dan telah membayar iuran. Tujuan umum BPJS kesehatan yaitu untuk meningkatkan akses dan mutu kesehatan terhadap seluruh masyarakat miskin dan tidak mampu agar tercapai derajat kesehatan masyarakat yang optimal, secara efisien dan efektif. Pemerataan upaya kesehatan dengan peran serta masyarakat bertujuan agar setiap orang dapat melakukan Perilaku Hidup Bersih dan Sehat (PHBS).

Tujuan Penelitian : Mengetahui hubungan PHBS dengan pemanfaatan BPJS kesehatan di masyarakat wilayah Puskesmas Mlati II Sleman Yogyakarta.

Metode Penelitian : Desain penelitian deskriptif korelasional dengan pendekatan *cross-sectional*. Sampel diambil dengan teknik *accidental sampling* yaitu 135 orang yang berobat di Puskesmas Mlati II Sleman. Instrumen penelitian adalah kuesioner. Hasil penelitian dianalisis dengan uji *Chi-Square*.

Hasil penelitian : PHBS di masyarakat wilayah Puskesmas Mlati II Sleman Yogyakarta sebagian besar adalah baik sebanyak 55 orang (40,7%). Sebagian besar masyarakat wilayah Puskesmas Mlati II Sleman Yogyakarta tidak memanfaatkan BPJS kesehatan sebanyak 78 orang (57,8%). Hasil uji *chi square* diperoleh $p = 0,285 > 0,05$.

Kesimpulan : Tidak ada hubungan yang signifikan PHBS dengan pemanfaatan BPJS kesehatan di masyarakat wilayah Puskesmas Mlati II Sleman Yogyakarta.

Kata kunci : PHBS, BPJS

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**THE RELATION BETWEEN HYGIENIC AND HEALTHY LIFE BEHAVIOR (PHBS)
AND THE USE OF HEALTH PROGRAM OF SOCIAL INSURANCE HOLDING
AGENCY (BPJS) BY SOCIETY IN THE AREA OF MLATI II COMMUNITY HEALTH
CENTER, SLEMAN, YOGYAKARTA**

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ABSTRACT

Background : All Indonesia citizens are obliged to be participants of health insurance program which is organized by Social Insurance Holding Agency (BPJS) including foreigners who have been working for more than 6 months in Indonesia and have made regular monthly payment. The general purpose of Health Program of BPJS is to broaden the access and health quality for all society in order to achieve optimal community health degree efficiently and effectively. Proper distribution of health efforts in collaboration with society's participation is aimed at encouraging every people to be able to practice hygienic and healthy life behavior.

Objective : To identify the relation between hygienic and healthy life behavior (PHBS) and the use of health program of social insurance holding agency by society (BPJS) in the area of mlati II Community Health Center, Sleman, Yogyakarta.

Method : The study design was correlational descriptive with cross sectional approach. Samples were selected through accidental sampling technique as many as 135 respondents who visits Mlati II Community Health Center, Sleman. Study instrument were questionnaires. Study ouput was analyzed by Chi-Square test.

Result : PHBS of society in the area of Mlati II Community Health Center, Sleman, Yogyakarta, was mostly in good category as many as 55 respondents (40,7%). The majority of society in the area of Mlati II Community Health Center did not use Health Program of Social Insurance Holding Agency as many as 78 respondents (57,8%). The result of Chi-Square test figured out $p = 0,285 > 0,05$.

Conclusion : There was no significant correlation between PHBS and the use of Health Program of Social Insurance Holding Agency by the society in the area of Mlati II Community Health Center, Sleman, Yogyakarta.

Keywords : PHBS, BPJS

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