

HUBUNGAN PERAN KADER POSYANDU DENGAN TINGKAT KUALITAS HIDUP LANJUT USIA DI POSYANDU TERATAI DI DUSUN KINTELAN KECAMATAN BAMBANGLIPURO

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INTISARI

Latar Belakang: Salah satu upaya untuk meningkatkan derajat kesehatan lansia yaitu memelihara kondisi kesehatan dipelayanan terpadu (posyandu) lansia. Peran dan kinerja kader posyandu menjadi tonggak utama kelancaran kegiatan posyandu dan berpengaruh terhadap partisipasi lansia untuk memeriksakan kesehatannya diposyandu dalam meningkatkan status kesehatan sehingga dapat meningkatkan kualitas hidup lansia.

Tujuan: Penelitian ini bertujuan untuk mengetahui hubungan antara peran kader posyandu dengan tingkat kualitas hidup lanjut usia di Posyandu Teratai Dusun Kintelan Kecamatan Bambanglipuro.

Metode: Penelitian ini adalah penelitian korelasional dengan menggunakan pendekatan *cross sectional*. Subyek penelitian ini adalah lansia yang berada di Dusun Kintelan Desa Sumbermulyo Kecamatan Bambanglipuro Kabupaten Bantul dengan jumlah 63 lansia yang diambil melalui teknik *simple random sampling*. Instrumen yang digunakan adalah kuisioner Peran Kader Posyandu dan *WHOQOL-BREF*. Analisa data menggunakan *Kendall Tau b* dengan tingkat kemaknaan *p value* <0,05.

Hasil: Hasil penelitian menunjukkan bahwa peran kader posyandu di Posyandu Teratai berada dalam kategori baik (69,8%), dan kualitas hidup lansia di Dusun Kintelan dalam kategori baik dengan 29 responden (46,0%). Hasil perhitungan statistik diperoleh nilai *p-value* sebesar 0,000. Nilai koefisien kontingensi sebesar 0,704 menunjukkan keeratan hubungan antara peran kader posyandu dengan tingkat kualitas hidup lansia adalah kuat.

Simpulan: Ada hubungan yang kuat antara peran kader posyandu dengan tingkat kualitas hidup lanjut usia di Posyandu Teratai Dusun Kintelan Kecamatan Bambanglipuro

Kata Kunci: Peran kader posyandu, Kualitas hidup, Lansia

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THE CORRELATION BETWEEN THE ROLE OF VOLUNTARY HELPERS (KADER) AND QUALITY OF LIFE OF THE ELDERLY IN POSYANDU TERATAI IN KINTELAN, BAMBANGLIPURO

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ABSTRACT

Background: One of the efforts to improve health quality of the elderly is to maintain health condition in Integrated Care Center for the elderly. The role and performance of voluntary helpers are fundamental in association with well-managed activities of Integrated Care Center and influential on the elderly's participation in examining their health in Integrated Care Center in order to improve health quality. Therefore it can increase quality of life of the elderly.

Objective: To identify The correlation between the role of voluntary helpers (*kader*) and quality of life of the elderly in *Posyandu Teratai* in Kintelan, Bambanglipuro.

Method: This study was a correlational study with cross sectional approach. This study was conducted in Kintelan, Sumbermulyo, Bambanglipuro, Bantul. Subject in this study were the elderly aged older than 60 years old as many as 63 people. Sampling method applied simple random sampling technique. The instrument was questionnaires of The role of voluntary helpers of Integrated Care Center and WHOQOL-BREF. Data analysis applied Kendal Tau b with significancy level of p value < 0,05.

Result: The result of this study confirmed the role of voluntary helpers (*kader*) in *Posyandu Teratai* was in good category (69,8%) and quality of life of the elderly in Kintelan was in good category (46,0%). The result of statistical calculation figured out p-value of 0,000. The value of contingency coefficient was 0,704 which indicated that the correlation closeness between the role of voluntary helpers (*kader*) and quality of life of the elderly was significant.

Conclusion: There was a significant correlation between the role of voluntary helpers (*kader*) and quality of life of the elderly in *Posyandu Teratai* in Kintelan, Bambanglipuro.

Keywords: The role of voluntary helpers (*kader*), Quality of Life, The elderly

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