

**GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG EFEK  
SAMPING KB SUNTIK TIGA BULAN DI WILAYAH  
PUSKESMAS GEDANGSARI II  
GUNUNGGIDUL YOGYAKARTA**

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**INTISARI**

**Latar Belakang:** KB suntik tiga bulan adalah salah satu jenis KB suntik yang mengandung 150 mg *progesteron* dan diberikan setiap tiga bulan sekali secara IM. Efek samping yang dapat terjadi pada kontrasepsi suntik tiga bulan adalah gangguan haid berupa amenore, spotting, menoragia, mual, sakit kepala, jerawat, berat badan bertambah, rambut rontok dan keputihan. Kebanyakan akseptor KB suntik tiga bulan kurang mengetahui tentang efek samping KB suntik tiga bulan. Masih banyak akseptor yang mengalami ketakutan dan kecemasan akibat efek samping yang ditimbulkan oleh alat kontrasepsi tertentu.

**Tujuan:** Mengetahui Tingkat Pengetahuan Ibu Tentang Efek Samping KB Suntik Tiga Bulan di Puskesmas Gedangsari II Gunungkidul Yogyakarta.

**Metode:** Penelitian ini merupakan jenis penelitian deskriptif kuantitatif. Pengambilan sampel menggunakan metode *proportional stratified random sampling*. Besar sampel sebanyak 36 responden. Data diperoleh secara langsung dari ibu dari rumah ke rumah dan ibu yang berkunjung di Puskesmas Gedangsari II Gunungkidul, analisa data yang digunakan adalah analisa *univariat*.

**Hasil:** Tingkat pengetahuan ibu tentang efek samping KB suntik tiga bulan sebagian besar masuk kategori kurang yaitu sebanyak 19 responden (53%) 8 responden (22%) termasuk kategori cukup sedangkan yang termasuk kategori baik sebanyak 9 responden (25%).

**Kesimpulan:** Tingkat pengetahuan ibu tentang efek samping KB suntik tiga bulan yang paling banyak pada kategori kurang sebanyak 19 responden (53%).

**Kata Kunci:** *Pengetahuan, Akseptor KB, Efek Samping, KB Suntik Tiga Bulan*

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# THE DESCRIPTION OF KNOWLEDGE LEVEL OF MOTHERS ABOUT THE SIDE EFFECTS OF THREE-MONTH INJECTION CONTRACEPTIVE IN GEDANGSARI II COMMUNITY HEALTH CENTER GUNUNG KIDUL YOGYAKARTA

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## ABSTRACT

**Background** : Injections three months is the one type of injections of 150 mg progesterone and is given every three months by IM. Side effects that may occur in the three-month injectable contraceptives are menstrual disorders such as amenorrhea, spotting, menorargia, nausea, headache, acne, weight gain, hair loss and whiteness. Most acceptor injections three months of not knowing about the side effects of injections three months. many acceptors are experiencing fear and anxiety due to the side effects caused by certain contraceptives.

**Objective** : To find out the description of knowledge level of mothers about the side effects of three-month injection contraceptive in Gedangsari II Community Health Center Gunung Kidul Yogyakarta

**Method** : This was a quantitative descriptive study. Samples were selected through proportional stratified random sampling method as many as 36 respondents. Data were collected directly from mothers house-to-house and mothers who visited Gedangsari II community health center Gunung Kidul and data analysis applied univariate analysis.

**Result** : The knowledge level of mothers about the side effects of three-month injection contraceptive was mostly in poor category as many as 19 respondents (53%), 8 respondents (22%) were in sufficient category, and 9 respondents (25%) were in good category.

**Conclusion** : The knowledge level of mothers about the side effects of three-month injection contraceptive was mostly in poor category as many as 19 respondents (53%).

**Keyword** : Knowledge, contraceptive acceptor, side effect, three-month injection contraceptive.

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