

**GAMBARAN DUKUNGAN SUAMI PADA ISTRI DALAM  
MENGHADAPI KEHAMILAN DI BPM SUPRPTI  
KRAGILAN SINDUADI MLATI SLEMAN**

**Ayu Dian Lestari <sup>1</sup>, Fatimah Dewi Anggraeni <sup>2</sup>**

**INTISARI**

**Latar Belakang :** Penyebab Angka Kematian Ibu (AKI) diklasifikasikan menjadi 2 antara lain penyebab langsung dan tidak langsung. Penyebab langsung terkait dengan proses kehamilan dan proses persalinan, dan penyebab tidak langsungnya adalah kondisi sosial, ekonomi, geografi, perilaku budaya yang terangkum dalam 4T dan 3T. Suami biasanya menjadi pemegang keputusan ketika istri dalam keadaan membutuhkan pertolongan segera. Kematian ibu dapat dicegah bila suami dapat mengidentifikasi komplikasi-komplikasi kehamilan, persalinan dan selalu siaga untuk mencari pertolongan, mensosialisasikan hidup sehat bagi ibu hamil, suami dan istri perlu mendapatkan pelayanan antenatal yang tepat.

**Tujuan :** Untuk mengetahui gambaran dukungan suami pada istri dalam menghadapi kehamilan di BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman.

**Metode Penelitian :** Metode ini menggunakan metode *deskriptif kuantitatif* dengan *observasional/survey*, pengambilan sampel dengan metode *total sampling* sebesar sampel 98 ibu hamil yang berada di wilayah kerja BPM Suprpti dan ibu hamil yang melakukan pemeriksaan kehamilan di BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman. Analisa data menggunakan analisis *univariat* distribusi frekuensi.

**Hasil Penelitian :** Dukungan suami dalam menghadapi kehamilan di BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman, antara lain dukungan instrumental/nyata mayoritas dukungan yaitu cukup sebanyak 62 orang (63,3%), dukungan penilaian/penghargaan mayoritas cukup sebanyak 45 orang (45,9%), dukungan informasional mayoritas yaitu cukup sebanyak 57 orang (58,2%), dan dukungan emosional mayoritas kurang yaitu sebanyak 39 orang (39,8%).

**Kesimpulan :** Dukungan suami dalam menghadapi kehamilan di BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman, adalah mayoritas dukungannya cukup yaitu sebanyak 64 orang (65.3%)

**Kata Kunci :** Dukungan suami, ibu hamil

<sup>1</sup> Mahasiswa Program Studi Kebidanan (D3) Stikes Jenderal Achmad Yani Yogyakarta

<sup>2</sup> Dosen Program Studi Kebidanan (D3) Jenderal Achmad Yani Yogyakarta

**THE DESCRIPTION HUSBAND SUPPORT ON HIS  
WIFE IN FACING PREGNANCY IN BPM  
SUPRPTI KRAGILAN SINDUADI  
MLATI SLEMAN**

**Ayu Dian Lestari<sup>1</sup>, Fatimah Dewi Anggraeni<sup>2</sup>**

**ABSTRACT**

**Background of study:** The causing of maternal mortality is classified into 2 direct and indirect. The direct causes are related to pregnancy process and childbirth process. Meanwhile, the indirect causes come from social, economic, geography, culture behavior that stated in 4T and 3T. Husband usually becomes the holder of the decision when the wife in need of urgent assistance . Maternal deaths can be prevented if the husband can identify complications of pregnancy , childbirth and always be ready to seek help , socialize healthy lifestyle for pregnant women , husband and wife need to get antenatal care which is appropriate because this examination is an important step for the health of his wife and unborn child.

**Objective of study:** This study aims to describe the husband support of his wife in facing pregnancy in BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman

**Research Method:** This study uses qualitative descriptive method with observatinal survey. The sample taken trough total sampling tecnique. The data taken from 98 pregnant mother in this area BPM Suprati and interview with the pragnancy mother patients in BPM Suprpti, Kragilan, Sinduadi, Mlati, Sleman. The data analyzed by univariat analysis frecueny distribution.

**Result study:** Support the husband in the face pregnancy in BPM Suprpti , Kragilan , Sinduadi , Mlati , Sleman , among other instrumental support / real majority is enough support as many as 62 people ( 63.3 % ) , support assessment / awards majority quite as many as 45 people ( 45 , 9 % ) , the majority of which is sufficient informational support as many as 57 people ( 58.2 % ) , and the majority less emotional support as many as 39 people ( 39.8 % ) .

**Conclusion:** Husband support in the face of pregnancy in BPM Suprpti , Kragilan , Sinduadi , Mlati , Sleman , is majority support quite as many as 64 people ( 65.3 % ) .

**Keywords:** Husband Support, Pregnant Monther

<sup>1</sup>(D3) Midwifery Student of Stikes Jendral Achmad Yani Yogyakarta

<sup>2</sup>(D3) Midwifery Lecturer of Stkes Jendral Achmad Yani Yogyakarta