

HUBUNGAN PENGETAHUAN IBU TENTANG KEBERSIHAN GIGI DAN MULUT DENGAN PERILAKU IBU MENJAGA KEBERSIHAN GIGI DAN MULUT ANAK USIA PRASEKOLAH

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INTISARI

Latar Belakang: Kebersihan gigi dan mulut pada anak usia prasekolah sangat penting karena dapat memengaruhi perkembangan dan pertumbuhan gigi permanen. Prevalensi masalah karies gigi pada anak usia prasekolah di Indonesia sebanyak 50-70%. Orangtua khususnya ibu sangat mempunyai peran penting dalam menjaga kebersihan gigi dan mulut seorang anak. Peran tersebut akan mendasari terbentuknya perilaku yang mendukung kebersihan gigi dan mulut anak sehingga kebersihan gigi dan mulut anak dapat terjaga dengan baik.

Tujuan Penelitian: Mengetahui hubungan pengetahuan ibu tentang kebersihan gigi dan mulut dengan perilaku ibu menjaga kebersihan gigi dan mulut anak usia prasekolah.

Metode Penelitian: Rancangan Penelitian ini adalah deskriptif korelasi dengan desain *cross-sectional*, dan teknik *cluster random sampling*. Jumlah sampel yang digunakan sebanyak 95 ibu dari murid TK Kuncup Harapan Bantul. Variabel pengetahuan dan perilaku diukur menggunakan kuesioner. Uji statistik menggunakan *Kendall Tau* untuk mencari hubungan antara variabel pengetahuan dengan perilaku.

Hasil: Terdapat hubungan pengetahuan ibu tentang kebersihan gigi dan mulut dengan perilaku ibu menjaga kebersihan gigi dan mulut anak usia prasekolah di TK Kuncup Harapan Bantul. *P-value* dari uji *kendall tau* 0,001 dengan koefisien *kendall tau* 0,493 yang menunjukkan arah positif dengan keeratan hubungan kategori sedang.

Kesimpulan: Ada hubungan pengetahuan ibu tentang kebersihan gigi dan mulut dengan perilaku ibu menjaga kebersihan gigi dan mulut anak usia prasekolah di TK Kuncup Harapan Bantul.

Kata Kunci: Kebersihan gigi dan mulut, Pengetahuan, Perilaku, Anak usia prasekolah

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THE ASSOCIATION BETWEEN MOTHER'S KNOWLEDGE ABOUT DENTAL AND ORAL HYGIENE WITH THE MOTHER'S BEHAVIOR IN MAINTAINING THE DENTAL AND ORAL HYGIENE ON PRESCHOOL CHILDREN

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ABSTRACT

Background: Dental and oral hygiene on preschool children is very important because it can affect permanent teeth development and growth. The dental caries problem prevalence on preschool children in Indonesia is 50-70%. The parents, especially mothers, have a very important role in maintaining dental and oral hygiene of a child. The role will be the base of the behavior supporting the children's dental and oral hygiene in order to maintain the dental and oral hygiene well.

Objective: To find out the association between mother's knowledge about dental and oral hygiene with the mothers' behavior in maintaining the dental and oral hygiene on preschool children.

Method: The research design is a descriptive correlation in cross sectional design and cluster random sampling technique. The sample number used is 95 mother's of the students of TK Kuncup Harapan Bantul. The variables of knowledge and behavior were measured used questionnaires. The statistical test used Kendall Tau to find out the association between the variables of knowledge and behavior.

Results: There was a association between the mother's knowledge about dental and oral hygiene with the mother's behavior in maintaining the dental and oral hygiene on preschool children in TK Kuncup Harapan Bantul. P value of Kendall Tau test 0.001 with the Kendall Tau coefficient 0.493 showing positive direction with the medium category association.

Conclusion: There was an association between the mother's knowledge about dental and oral hygiene with the mother's behavior in maintaining the dental and oral hygiene on preschool children in TK Kuncup Harapan Bantul.

Keywords: Dental and Oral Hygiene, Knowledge, Behavior, Preschool Children.

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