

HUBUNGAN KEAKTIFAN MENGIKUTI KEGIATAN POSYANDU DENGAN KUALITAS HIDUP LANSIA DI DUSUN GEDOGAN KECAMATAN BAMBANGLIPOURO KABUPATEN BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: Keaktifan lansia mengikuti kegiatan posyandu dapat mempengaruhi kualitas hidup lansia. Berdasarkan hasil studi pendahuluan di Dusun Gedogan terdapat 114 lansia, rata-rata lansia yang aktif mengikuti kegiatan posyandu 40 orang dan yang tidak aktif 74 orang. Baik buruknya kualitas hidup lansia dapat dipengaruhi oleh kesadaran lansia untuk menjaga kesehatan, meningkatnya peran serta keluarga/masyarakat dan pelayanan kesehatan bagi lansia.

Tujuan Penelitian: Mengetahui hubungan keaktifan mengikuti kegiatan posyandu dengan kualitas hidup lansia di Dusun Gedogan Kecamatan Bambanglipuro Bantul.

Metode Penelitian: Jenis penelitian adalah *asosiasif* dengan desain penelitian *Cross Sectional*. Sampel sebanyak 98 responden dengan teknik *Simple Random Sampling*. Analisis data menggunakan uji *Gamma* dengan tingkat kemaknaan 95%.

Hasil Penelitian: Keaktifan mengikuti kegiatan posyandu sebagian besar dalam kategori tidak aktif sebanyak (63,3%) 62 lansia. Kualitas hidup lansia dalam kategori kurang sebanyak (53,1%) 52 lansia. Hasil uji *Gamma* diperoleh p-value sebesar $0,009 < \alpha (0,05)$ dan Koefisien Korelasi (0,500).

Kesimpulan: Ada hubungan keaktifan mengikuti kegiatan posyandu dengan kualitas hidup lansia dengan tingkat keeratan sedang.

Kata Kunci: Keaktifan mengikuti kegiatan posyandu, kualitas hidup, lansia.

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**The Correlation between Participation in Integrated Health Center
Programs and The Elderly Quality of Life in Gedogan Halmet,
Bambanglipuro Sub Region,
Bantul Region,
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ABSTRACT

Background: Livelines of lansia follow activity of posyandu can influence the quality of life of lansia. Pursuant to result of antecedent study in Orchard of Gedogan there are 114 lansia, mean of lansia active follow activity of posyandu 40 people and inactive 74 people. Pros and cons is quality of life of lansia can influence by awareness of lansia to keep in good health, the increasing of role and also family / society and service of health to lansia.

Objective: Knowing livelines relation follow activity of posyandu with quality of life of lansia in Orchard of Gedogan District of Bambanglipuro Bantul.

Methods: Research type is asosiasif with desain research of *Cross Sectional*. Sampel counted 98 responder with technique of *Simple Random Sampling*. Analysis Data use *Gamma* test with meaning storey test with 95%.

Results: Livelines follow activity of posyandu most in inactive category counted (63,3%) 62 lansia. Quality of life of lansia in category less counted (53,1%) 52 lansia. Result of Gamma test obtained by p-value equal to $0,009 < \alpha$ (0,05) and Correlation Coefficient (0,500).

Conclusion: There is livelines correlation follow activity of posyandu with quality of life of lansia with hand in glove storey, level moderate.

Keywords: Livelines follow activity of posyandu, quality of life, lansia.

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