

**KEPATUHAN IBU HAMIL TRIMESTER III DALAM MENGGONSUMSI
TABLET FE DI PUSKESMAS PLERET KABUPATEN
BANTUL YOGYAKARTA**

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INTISARI

Latar Belakang: Gambaran kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di wilayah Puskesmas Pleret pada tahun 2015. Hasil studi pendahuluan menunjukkan tentang rendahnya tingkat kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe meskipun sudah diberikan penjelasan akan pentingnya konsumsi tablet Fe.

Tujuan Penelitian: Untuk mengetahui kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe yang sesuai jumlah minimal 90 tablet, sesuai ketepatan cara mengonsumsi tablet Fe, sesuai frekuensi konsumsi tablet Fe perhari.

Metode penelitian: Rancangan penelitian ini adalah deskriptif analitik dengan pendekatan *Cross sectional*. Teknik Pengambilan sampel dengan *Purposive sampling*, dengan jumlah 39 ibu hamil trimester III, instrumen dengan kuesioner tertutup dan analisa data univariat dengan prosentase.

Hasil Penelitian: Hasil penelitian menunjukkan bahwa tingkat kepatuhan ibu hamil dalam mengonsumsi tablet fe di Puskesmas Pleret cukup, meskipun ada beberapa responden yang belum mematuhi.

Kesimpulan: Hasil penelitian yang telah dilakukan di Puskesmas Pleret Bantul mengenai kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe sebanyak 29 responden ibu hamil yang patuh dalam mengonsumsi tablet Fe (74,4 %), dan 10 responden ibu hamil yang tidak patuh dalam mengonsumsi tablet Fe (25,6 %) , sehingga dapat disimpulkan bahwa sebagian besar responden mempunyai kepatuhan dalam mengonsumsi tablet Fe pada tingkat kehamilan trimester III.

Kata Kunci: Kepatuhan, Konsumsi Tablet Fe, Ibu Hamil Trimester III.

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**COMPLIANCE TRIMESTER III PREGNANCYIN CONSUME
FE TABLETS IN PLERET COMMUNITY PUBLIC CENTRE
DISTRICT OF BANTUL YOGYAKARTA**

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ABSTRACT

Background: A snapshot of the compliance pregnancy at trimester III in consume Fe tablets at pleret health community public area in 2015 .The results of the first research showed about the low level of compliance pregnancy at trimester III in consume Fe tablets even though they were given an explanation more about the importance of consumption tablet fe during pregnancy.

Research purposes: To know more about the compliance of pregnancy trimester III in consume Fe tablets minimum amount of 90 tablets, according the accuracy in consuming, according how many frequencies do they consume Fe tablets each day.

Research methodology: The design of this study is descriptive analytic with using the approach cross sectional .The sample collection technique with purposive the sampling method of , with the number of 39 pregnancy at trimester III , an instrument with the questionnaire covered and data analysis univariat with prosentase .`

The results of the study: The result showed that the compliance level of the pregnancyin consume Fe tablets at Pleret health community public was enough , although there are some respondents who have not obey .`

Conclusion: Results of the test which has been performed at Pleret health community public in bantul regency about compliance pregnancy at trimester III in tablet fe consume as many as 29 respondents pregnancy of being sequacious in consume tablet fe (74,4 %) , and 10 respondents pregnancy a wayward in tablet fe consume (25.6 %) , so that it can be inferred that the majority of respondents have compliance in consume tablet fe at the level of pregnancy at trimester III .

Keyword: Compliance , Fe tablets consumption , Pregnancy at trisemester III

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