

**PENGARUH PENDIDIKAN KESEHATAN TENTANG CUCI TANGAN
MELALUI MEDIA ULAR TANGGA TERHADAP PENINGKATAN
PENGETAHUAN ANAK USIA PRASEKOLAH DI TK ABA
KARANGBENDODAN TK PERTIWI 21 BABADAN
BANGUNTAPAN BANTUL YOGYAKARTA**

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INTISARI

Latar Belakang: Data dari Departemen Kesehatan Republik Indonesia tahun 2012 menyebutkan bahwa dari 9,5 jiwa anak usia prasekolah (4-6 tahun) mengalami masalah kesehatan sebanyak 766 ribu anak. Pendidikan kesehatan tentang cuci tangan melalui media ular tangga merupakan salah satu upaya untuk meningkatkan pengetahuan tentang cuci tangan yang baik dan benar guna meningkatkan kualitas hidup bersih dan sehat.

Tujuan Penelitian: Diketuinya pengaruh pendidikan kesehatan tentang mencuci tangan melalui media ular tangga terhadap peningkatan pengetahuan pada anak usia prasekolah di TK Pertiwi 21 Babadan dan TK ABA Karangbendo Bantul.

Metode Penelitian: Penelitian ini menggunakan metode *Quasi Eksperimen* dengan desain *pretest and posttest with control group*. Jumlah sampel sebanyak 18 responden dengan teknik sampling yang digunakan adalah *purposive sampling*. Analisa statistik menggunakan uji *Wilcoxon test* dan uji *Mann Withney test* dengan tingkat kepercayaan 95%.

Hasil Penelitian: Tingkat pengetahuan anak sebelum mendapatkan pendidikan kesehatan pada kelompok intervensi kategori cukup 14/18 (77,8%) dan setelah mendapat pemberian informasi menjadi kategori baik 17/18 (94,4%), sedangkan kelompok kontrol sebelum diberikan informasi dalam kategori kurang 15/18 (83,3%) dan setelah mendapat pendidikan kesehatan tetap dalam kategori kurang 16/18 (88,9%). Hasil uji *Mann Whitney* diperoleh nilai $p=0,045$ ($p<0,05$).

Kesimpulan: Ada pengaruh pendidikan kesehatan tentang cuci tangan melalui media ular tangga terhadap peningkatan pengetahuan anak usia prasekolah di TK ABA Karangbendo dan TK Pertiwi 21 Babadan Banguntapan Bantul.

Kata Kunci: Pendidikan kesehatan, Cuci tangan, Pengetahuan, Anak Usia Prasekolah.

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**THE INFLUENCE OF HEALTH EDUCATION OF HAND WASHING
THROUGH SNAKE AND LADDER MEDIA TOWARDS THE
INCREASE OF KNOWLEDGE OF PRESCHOOL AGE
CHILDREN IN KINDERGARTEN OF ABA
KARANGBENDO AND KINDERGARTEN
OF PERTIWI 21 BABADAN
BANGUNTAPAN BANTUL
YOGYAKARTA**

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ABSTRACT

Background: The data from Health Department of Republic of Indonesian in 2012 mentioned that out of 9,5 children in preschool age (4-6 years old), 766,000 children had health problems. Health education of hand washing through snake and ladder media is one of the effort to increase the knowledge of hand washing correctly to improve the quality of clean and healthy life.

Objective: The research aim was to find out the influence of health education of hand washing through snake and ladder media towards the increase of knowleg in preschool of children in Kindergarten of ABA Karangbendo and Kindergarten of Pertiwi 21 Babadan Banguntapan Bantul Yogyakarta.

Method: The research used quasi- eksperiment method with pretest and posttest by used was purposive sampling. Sample size was 18 respondents. The statistical analysis used *Wilcoxon* test and *Mann Withney* test with confidence level of 95%.

Result: The knowledge level of the children in intervention group before being given with the treatment was categorized as fair 14/18 (77.8%). After being given with information, the 17/18 (94,4%). Furthermore, for knowledge category the control group at the beginning was in less category 15/18 (83,3%). While the posttest result showed that still in less category 16/18 (88,9%). The result of *Mann Whitney* test gave p value of 0,045 ($p < 0,05$).

Conclusion: There was influence of health education of hand washing through snake and ladder media towards the increase of knowledge of preschool age children in Kindergarten of ABA Karangbendo and Kindergarten of Pertiwi 21 Babadan Banguntapan Bantul.

Keywords: Health Education, Hand Washing, Knowledge, Preschool Age Children.

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