

GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG EFEK SAMPING KB SUNTIK 3 BULAN DI PUSKESMAS SEWON 1BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: Kontrasepsi DMPA adalah salah satu jenis kontrasepsi yang efektif dan aman digunakan. Namun demikian KB suntik DMPA juga mempunyai banyak efek samping, seperti amenorea (30%), spotting (35%) (bercak darah) dan menoragia, seperti halnya dengan kontrasepsi hormonal lainnya dan dijumpai pula keluhan mual, sakit kepala (<1-17%) (pusing), perubahan berat badan (7-9%). Berdasarkan hasil studi pendahuluan yang dilakukan pada tanggal 1 September 2015, wawancara terhadap 15 akseptor KB suntik 3 bulan didapatkan 10 akseptor belum mengetahui tentang efek KB suntuk 3 bulan.

Tujuan: Mengetahui Gambaran Tingkat Pengetahuan Ibu Tentang Efek Samping KB Suntik 3 Bulandi Puskesmas Sewon 1 Bantul Yogyakarta Tahun 2016.

Metode: Jenis penelitian ini adalah deskriptif kuantitatif. Pengambilan sampel menggunakan metode *accidental sampling*. Besar sampel sebanyak 35 responden. Alat yang digunakan dalam pengumpulan data adalah kuesioner dan analisa data yang digunakan adalah *analisa univariat*.

Hasil: Tingkat Pengetahuan Ibu Tentang Efek Samping KB Suntik 3 Bulan tentang gangguan haid yang dialami sebagian besar kategori cukup sebanyak 21 orang (60%), tentang perubahan berat badan kategori cukup sebanyak 17 orang (48,6%), tentang keputihan kategori cukup sebanyak 24 orang (68,6%), tentang pusing atau sakit kepala kategori cukup sebanyak 22 orang (62,9%).

Kesimpulan: Tingkat Pengetahuan Ibu Tentang Efek Samping KB Suntik 3 Bulan sebagian besar pada kategori cukup sebanyak 30 orang (85,7%).

Kata Kunci: Pengetahuan, Akseptor KB, Efek Samping, KB Suntik 3 Bulan

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THE OVERVIEW OF MOTHERS' KNOWLEDGE ABOUT THE SIDE-EFFECTS OF 3-MONTHLY CONTRACEPTIVE INJECTION IN PUBLIC HEALTH CENTER OF SEWON 1 BANTUL YOGYAKARTA

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ABSTRACT

Background: DMPA contraception is one of contraception which effective and safe to use. But, DMPA infection is also has many adverse effects, like amenorea (30%), spotting (35%) and menoragia, just as other hormonal contraceptives and similarly picked complaints of nausea, headaches (<1-17%), weight changes (7-9%). Based on the preliminary study did in September, 1 2015, interview of 15 3-monthly contraceptive injection acceptors obtained that 10 acceptors did not know about the effect of 3-monthly contraceptive injection yet.

Purpose: To know the overview of mothers' knowledge about the side-effects of 3-monthly contraceptive injection in Public Health Center of Sewon 1 Bantul Yogyakarta year 2016.

Method: This research is kind of quantitative descriptive. Sampling used accidental sampling method. The number of sample as may 35 respondents. Tool that used to collect data is questioner and data analysis used univariat analysis.

Hasil: Mothers' knowledge about the side-effect of 3-monthly contraceptive injection about menstrual disorders experienced most in enough category as many 21 people (60%), about weight changes in enough category as many 17 people (48,6%), about leucorrhoea in enough category as many 24 people (68,6%), about headache in enough category as many 22 people (62,9%).

Conclusion: Mothers' knowledge about the side-effects of 3-monthly contraceptive injection most in enough categories as many 30 respondents (85.7%).

Keywords: Knowledge, Contraception Acceptor, Side-Effects, 3-Monthly Contraceptive Injection

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