

# ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY.T UMUR 29 TAHUN MULTIGRAVIDA DI PMB WIDYA PURI HANDAYANI, MINGGIR, SLEMAN,D.I.Y

Friska Enjelina Laode Lakafe<sup>1</sup>, Tri Sunarsih<sup>2</sup>, Alfie Ardiana Sari<sup>3</sup>

## RINGKASAN

**Latar belakang :** Anemia dalam kehamilan adalah suatu kondisi ibu dengan kadar hemoglobin (Hb) < 11 gr/dl pada trimester I dan III sedangkan pada trimester II kadar hemoglobin < 10,5 gr/dl. Salah satu anemia yang banyak ditemukan pada ibu hamil adalah anemia defisiensi besi yang disebut dengan “Potential Danger to Mother and Child” (bahaya potensial bagi ibu dan anak) yang sangat memerlukan perhatian serius oleh semua pihak yang terkait dalam pelayanan kesehatan

**Tujuan :** Mampu melakukan asuhan kebidanan secara berkesinambungan pada Ny T umur 29 tahun Multigravida secara berkesinambungan di PMB Widya Puri Handayani Minggir Sleman.

**Metode :** Penelitian deskriptif, jenis penelitian studi kasus (*case study*)

**Hasil :** Asuhan kebidanan berkesinambungan pada Ny. T dilakukan 5 kali kunjungan pada kehamilan sejak usia kehamilan 26 minggu dan telah diberikan asuhan untuk menangani keluhan yang dialami ibu serta diberikan prenatal yoga. Persalinan berjalan normal, diberikan asuhan deep back massage dan relaksasi nafas untuk menangani nyeri persalinan. Kunjungan nifas dilakukan 4 kali dan diberikan asuhan pijat oksitosin untuk memperlancar ASI. Kunjungan neonatus telah dilakukan 3 kali dan diberikan asuhan pijat bayi untuk membantu perkembangan bayi.

**Kesimpulan :** Asuhan kebidanan berkesinambungan yang diberikan pada Ny.T mulai dari kehamilan, persalinan, nifas dan bayi baru lahir telah dilakukan sesuai dengan standar pelayanan kebidanan.

**Kata Kunci :** Asuhan Berkesinambungan, Kebidanan, Multigravida

---

<sup>1</sup>Mahasiswa Pendidikan Profesi Bidan Universitas Jenderal Achmad Yani Yogyakarta

<sup>2</sup>Dosen Pendidikan Profesi Bidan Univeitas Jenderal Achmad Yani Yogyakarta

<sup>3</sup>Dosen Pendidikan Profesi Bidan Univeitas Jenderal Achmad Yani Yogyakarta

**CONTINUOUS MIDWIFERY CARE FOR MRS. T AGED 29 YEARS OLD,  
MULTIGRAVIDA AT PMB WIDYA PURI HANDAYANI,  
MINGGIR, SLEMAN, D.I.Y**

Friska Enjelina Laode Lakafe<sup>1</sup>, Tri Sunarsih<sup>2</sup>, Alfie Ardiana Sari<sup>3</sup>

**SUMMARY**

**Background:** Anemia in pregnancy is a condition of the mother with hemoglobin (Hb) levels <11 gr/dl in the first and third trimesters, while in the second trimester the hemoglobin level is <10.5 gr/dl. One of the anemias that is often found in pregnant women is iron deficiency anemia which is called "Potential Danger to Mother and Child" which requires serious attention from all parties involved in health services

**Objective:** Able to provide continuous midwifery care to Mrs. T, 29 years old, Multigravida continuously at PMB Widya Puri Handayani Minggir Sleman.

**Method:** Descriptive research, case study type of research

**Results:** Continuous midwifery care for Mrs. T was carried out 5 times during pregnancy since 26 weeks of gestation and has been given care to handle complaints experienced by the mother and given prenatal yoga. The delivery went normally, given deep back massage and breathing relaxation to deal with labor pain. Postpartum visits were conducted 4 times and oxytocin massage care was given to facilitate breast milk. Neonatal visits were conducted 3 times and infant massage care was given to help the baby's development.

**Conclusion:** Continuous midwifery care provided to Mrs. T starting from pregnancy, childbirth, postpartum and newborns has been carried out in accordance with midwifery service standards.

**Keywords:** Continuous Care, Midwifery, Multigravida

---

<sup>1</sup>Student Of Midwifery Professional Education At Jenderal Achmad Yani University, Yogyakarta

<sup>2</sup>Midwifery Professional Education Lecturer, Jenderal Achmad Yani University, Yogyakarta

<sup>3</sup>Midwifery Professional Education Lecturer, Jenderal Achmad Yani University, Yogyakarta