

**ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA Nn. R
UMUR 20 TAHUN PRIMIPARA DI KLINIK PRATAMA PURI ADISTY
KOTAGEDE KOTA YOGYAKARTA**

Miftahul Rahma Bahay¹, Dwi Yulinda², Dian Puspitasari³

RINGKASAN

Latar Belakang : Kehamilan yang tidak diinginkan dapat menimbulkan dampak negatif yang signifikan dari segi psikologis, ibu mungkin akan merasa terbebani, peningkatan resiko depresi, kecemasan ibu dan cenderung menghindari tanggung jawabnya, atau terpaksa melanjutkan kehamilannya tanpa kesadaran penuh. Banyak gangguan kesehatan yang mungkin akan timbul yang disebabkan oleh ketidaksiapan fisik dan psikis dalam menjalani kehamilan tidak diinginkan.

Tujuan : Mampu melakukan asuhan kebidanan secara berkesinambungan pada Nn. R umur 20 Tahun Primipara secara berkesinambungan di Klinik Pratama Puri Adisty Kotagede, Kota Yogyakarta.

Metode : Penelitian deskriptif, jenis penelitian studi kasus (*case study*)

Hasil : Asuhan kebidanan berkesinambungan pada Nn. R dilakukan 3 kali kunjungan pada kehamilan sejak usia kehamilan 34 minggu dan telah diberikan asuhan untuk menangani keluhan yang dialami ibu serta diberikan prenatal yoga. Persalinan berjalan normal, diberikan relaksasi nafas untuk menangani nyeri persalinan. Kunjungan nifas dilakukan 4 kali dan diberikan asuhan pijat oksitosin untuk memperlancar ASI. Kunjungan neonatus telah dilakukan 3 kali dan diberikan asuhan pijat bayi untuk membantu perkembangan bayi.

Kesimpulan : Asuhan kebidanan berkesinambungan yang diberikan pada Nn.R mulai dari kehamilan, persalinan, nifas dan bayi baru lahir telah dilakukan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : Asuhan Berkesinambungan, Kebidanan, Primipara, Kehamilan Tidak Diinginkan

¹Mahasiswa Pendidikan Profesi Bidan Universitas Jenderal Achmad Yani Yogyakarta

²Dosen Pendidikan Profesi Bidan Universitas Jenderal Achmad Yani Yogyakarta

³Dosen Pendidikan Profesi Bidan Universitas Jenderal Achmad Yani Yogyakarta

**MIDWIFERY CONTINUITY OF CARE FOR Ms. R 20 YEARS OLD
PRIMIPARA AT PURI ADISTY PRATAMA CLINIC
KOTAGEDE YOGYAKARTA CITY**

Miftahul Rahma Bahay¹, Dwi Yulinda², Dian Puspitasari³

ABSTRACT

Background : Unwanted pregnancy can have a significant negative impact from a psychological perspective, the mother may feel burdened, have an increased risk of depression, maternal anxiety and tend to avoid her responsibilities, or be forced to continue the pregnancy without full awareness. Many health problems that may arise are caused by physical and psychological unpreparedness in undergoing an unwanted pregnancy.

Objective : Able to provide continuous midwifery care for Ms. R aged 20 years Primipara continuously at the Pratama Puri Adisty Clinic Kotagede, Yogyakarta City.

Method : Descriptive research, case study type of research (case study)

Results : Continuous midwifery care for Ms. R has had 3 visits during pregnancy since 34 weeks of gestation and has been given care to deal with complaints experienced by the mother and given prenatal yoga. Labor progresses normally, breathing relaxation is given to deal with labor pain. Postpartum visits were carried out 4 times and oxytocin massage was given to facilitate breastfeeding. Neonatal visits were carried out 3 times and baby massage was provided to help the baby's development.

Conclusion : Continuous midwifery care provided to Ms. R starting from pregnancy, childbirth, postpartum and newborn has been carried out in accordance with midwifery service standards.

Keywords : Continuous Care, Midwifery, Primipara, Unwanted Pregnancy

¹Student of Midwifery Professional Education at Jenderal Achmad Yani University, Yogyakarta

²Midwifery Professional Education Lecturer, Jenderal Achmad Yani University, Yogyakarta

³Midwifery Professional Education Lecturer, Jenderal Achmad Yani University, Yogyakarta