

**GAMBARAN TINGKAT KEPATUHAN IBU HAMIL TRIMESTER III
DALAM MENGGONSUMSI TABLET FE DI PUSKESMAS
BANGUNTAPAN II BANTUL
YOGYAKARTA**

INTISARI

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Latar Belakang : Data yang didapatkan di Kabupaten Bantul dari jumlah keseluruhan ibu hamil sebanyak 14.283 yang mendapatkan tablet Fe³ (90 tablet) yaitu 87,43% dari target cakupan pemberian tablet Fe 85% (Dinkes Bantul, 2015). Kepatuhan didefinisikan sebagai tingkat pelaksanaan pengobatan oleh pasien dan perilaku yang dianjurkan dokter atau tenaga kesehatan lainnya. Kekurang Fe atau zat besi pada wanita hamil dapat menyebabkan terjadinya anemia. Hal ini dapat menyebabkan keguguran (abortus), kematian janin dalam kandungan atau waktu lahir, cacat bawaan, proses persalinan yang lama dan pada waktu persalinan dapat menyebabkan perdarahan dan syok akibat melemahnya dari kontraksi rahim.

Tujuan : Untuk mengetahui kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Banguntapan II Bantul Yogyakarta.

Metode Penelitian : Penelitian ini menggunakan metode *deskriptif kuantitatif*. Populasi adalah 54 ibu hamil trimester III di Puskesmas Banguntapan II Bantul Yogyakarta. Teknik sampel *total sampling*. Analisis data univariat dengan *persentase*.

Hasil : Tingkat kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Banguntapan II Bantul sebagian besar responden patuh yaitu tentang jumlah mengonsumsi tablet Fe yaitu sebanyak 49 responden (90,7%), tentang cara mengonsumsi tablet Fe yaitu sebanyak 36 responden (66,7%), tentang frekuensi mengonsumsi tablet Fe yaitu sebanyak 31 responden (57,4%).

Kesimpulan : Tingkat kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Banguntapan II Bantul 43 responden (76,6%) dalam kategori patuh.

Kata Kunci : Kepatuhan, Kehamilan, Mengonsumsi Tablet Fe

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THE OVERVIEW OF OBEDIENCE OF EXPECTANT MOTHERS TRIMESTER III IN CONSUMING FE TABLET AT HEALTH CENTER OF BANGUNTAPAN II BANTUL YOGYAKARTA

ABSTRACT

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Background: Data that obtained in Bantul Regency from the total number of expectant mothers as many as 14.283 who got Fe³ tablet (90 tablet) as much 87,43% from the target of tablet Fe supplementation coverage 85% (Health Office of Bantul, 2015). Obedience is defined as the degree of treatment by patients and recommended practices by doctors or other health professionals. Fe or iron deficiency among expectant mothers can lead to anemia. It can cause miscarriage (abortion), fetal death in utero or at birth, congenital defects, prolonged labor and at during the birth can cause hemorrhage and shock due to the weakening from the uterine contractions.

Objective: To know the obedience of expectant mothers trimester III in consuming Fe tablet at Health Center of Banguntapan II Bantul Yogyakarta.

Research Method: This research was quantitative descriptive method. Populations were 54 expectant mothers trimester III at Health Center of Banguntapan II Bantul Yogyakarta. Sampling technique was total sampling. Data analysis was univariat with percentage.

Result: Obedience level of expectant mothers trimester III in consuming Fe tablet at Health Center of Banguntapan II Bantul Yogyakarta most was in obedient category about the total of consuming Fe tablet as many 49 respondents (90,7%), about how to consuming Fe tablet as many 36 respondents (66,7%), about frequency of consuming Fe tablet as many 31 respondents (57,4%).

Conclusion: Obedience level of expectant mothers trimester III in consuming Fe tablet at Health Center of Banguntapan II Bantul as many 43 respondents (76,6%) obedient category.

Keywords: Obedience, Pregnancy, Consuming Fe tablet

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