

ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY.S UMUR 28 TAHUN MULTIGRAVIDA DI PMB RINI WIDYANINGRUM BANTUL

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RINGKASAN

Latar Belakang : Ibu dan anak merupakan kelompok yang rentan terhadap kondisi keluarga dan lingkungannya, sehingga penting dilakukan penilaian status kesehatan dan kinerja upaya kesehatan ibu dan anak. Nyeri pinggang merupakan ketidaknyamanan yang terjadi pada kehamilan trimester ketiga, seorang bidan diharapkan mampu melakukan praktik kebidanan dengan pendekatan fisiologis, menerapkan dan mengembangkan model praktik bidan berdasarkan *Evidence Based Practice*.

Tujuan : Mampu memberikan asuhan kebidanan secara komprehensif yang meliputi asuhan kehamilan, persalinan, nifas, BBL neonatus dan KB secara berkesinambungan atau *Continuity Of Care* pada Ny.S umur 28 tahun Multigravida.

Hasil : Hasil dari pendampingan secara komprehensif pada Ny.S dari kehamilan trimester ketiga dilakukan sebanyak 4 kali, didapatkan ibu mengalami protein urin (+) dan ketidaknyamanan selama kehamilan. Kemudian diberikan asuhan berupa KIE pemenuhan nutrisi dengan perbanyak minum air putih dan diberikan asuhan komplementer berupa *prenatal yoga* sebanyak 2x didapatkan hasil nyeri pinggang ibu berkurang. Pada persalinan diberikan asuhan tambahan berupa *massage counter pressure* untuk mengurangi nyeri, asuhan sesuai standar pelayanan kebidanan 60 langkah APN kala I-IV normal. Pada masa nifas dan neonatus dalam keadaan normal sehingga penulis memberikan asuhan komplementer sesuai standar pelayanan kebidanan.

Kesimpulan : Asuhan kebidanan berkesinambungan yang diberikan pada Ny.S mulai dari kehamilan, persalinan, nifas, neonatus dan keluarga berencana sudah sesuai standar asuhan kebidanan.

Kata kunci : Asuhan berkesinambungan, Multigravida, Kebidanan

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CONTINUOUS OBSTETRIC CARE FOR MRS. S AGE 28 YEARS MULTIGRAVIDA AT PMB RINI WIDYANINGRUM BANTUL

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ABSTRACT

Background: Mothers and children are a group that is vulnerable to the condition of their families and environment, so it is important to assess the health status and performance of maternal and child health efforts. Low back pain is an inconvenience that occurs in the third trimester of pregnancy, a midwife is expected to be able to practice midwifery with a physiological approach, apply and develop a midwife practice model based on Evidence Based Practice.

Objective: To be able to provide comprehensive obstetric care which includes pregnancy, childbirth, postpartum, neonatal BBL and family planning on an ongoing basis or Continuity Of Care for Mrs. S at the age of 28 years Multigravida.

Results: The results of comprehensive assistance to Mrs. S from the third trimester of pregnancy were carried out 4 times, it was found that the mother experienced urinary protein (+) and discomfort during pregnancy. Then given care in the form of KIE fulfillment of nutrition by drinking more water and given complementary care in the form of prenatal yoga as many as 2x, the result of the mother's back pain was reduced. In childbirth, additional care is provided in the form of massage counter pressure to reduce pain, care according to the 60-step APN midwifery service standard during normal I-IV. During the postpartum period and neonates are in a normal state, so the author provides complementary care according to midwifery service standards.

Conclusion: The continuous obstetric care provided to Mrs. S starting from pregnancy, childbirth, postpartum, neonate and family planning is in accordance with the standards of obstetric care.

Keywords: Continuous care, Multigravida, Midwifery

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