

**ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY I UMUR 28 TAHUN  
PRIMIGRAVIDA DI PMB NURUL APRI BANTUL  
YOGYAKARTA**

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**ABSTRAK**

**Latar Belakang :** Asuhan kebidanan berkesinambungan merupakan suatu bentuk usaha dalam pelayanan kebidanan yang disediakan untuk ibu hamil, bersalin, bayi baru lahir, masa nifas dan keluarga berencana Bidan sebagai subsistem sumber daya manusia menjadi salah satu ujung tombak yang berperan langsung pada percepatan penurunan angka kematian ibu dan angka kematian bayi. Salah satu upaya bidan untuk memberikan asuhan kebidanan secara menyeluruh sesuai dengan kebutuhan ibu dan bayi.

**Tujuan :** Mampu memberikan asuhan kebidanan secara berkesinambungan pada ibu hamil, bersalin, nifas, bayi baru lahir dan keluarga berencana pada Ny. I umur 28 tahun sesuai dengan manajemen kebidanan.

**Metode :** Desain penelitian deskriptif, waktu penelitian Januari-Juli 2024, pengumpulan data dilakukan melalui wawancara, observasi dan studi dokumentasi.

**Hasil :** Asuhan berkesinambungan yang telah dilakukan pada Ny. I didapati hasil bahwa Ny. I rutin melakukan ANC, selama pendampingan ANC didapati Ny. I mengalami KEK dan ketidaknyamanan selama kehamilan, adapun cara penanganan seperti, konsumsi putih telur, kurangi minum di malam hari, prenatal yoga (*butterflay*) dan kompres air hangat, pada persalinan secara *sactio* (SC) atas indikasi DKP (Disproporsi Kepala Panggul), serta asuhan masa nifas dan neonatus dalam keadaan normal serta diberikan asuhan komplementer sesuai dengan standar asuhan kebidanan

**Kesimpulan :** Asuhan Kebidanan berkesinambungan kehamilan, persalinan, nifas, bayi baru lahir dan neonatus yang diberikan pada Ny. I seluruhnya sesuai dengan standar pelayanan kebidanan.

**Kata Kunci :** Asuhan Kebidanan berkesinambungan, Primigravida, pelayanan komplementer, kebidanan.

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**CONTINUOUS OBSTETRIC CARE FOR MRS. I 28 YEARS OLD PRIMIGRAVIDA AT PMB  
NURUL APRI BANTUL YOGYAKARTA**

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**ABSTRACT**

**Background:** Continuous midwifery care is a form of business in obstetric services provided for pregnant women, childbirth, newborns, postpartum and family planning. Midwives as a subsystem of human resources is one of the spearheads that plays a direct role in accelerating the reduction of maternal mortality and infant mortality rates. One of the efforts of midwives to provide comprehensive midwifery care according to the needs of mothers and babies.

**Objective:** To be able to provide continuous obstetric care to pregnant women, childbirth, postpartum, newborns and family planning at the age of 28 years in accordance with obstetric management.

**Method:** Descriptive research design, research time January-July 2024, data collection was carried out through interviews, observation and documentation studies.

**Results:** Continuous care that has been carried out on Mrs. I was found to be a result that Mrs. I routinely did ANC, during ANC assistance it was found that Mrs. I experienced KEK and discomfort during pregnancy, as for the way of handling such as, consumption of egg whites, reduce drinking at night, prenatal yoga (*butterfly*) and warm water compresses, in childbirth by *sactio* (SC) on the indication of DKP (Pelvic Head Disproportion), as well as postpartum and neonatal care in normal conditions and given complementary care in accordance with obstetric care standards.

**Conclusion:** Continuous obstetric care for pregnancy, childbirth, postpartum, newborns and neonatal care given to Mrs. I is entirely in accordance with obstetric service standards.

**Keywords:** Continuous Midwifery Care, Primigravida, complementary services, midwifery.

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