

INTISARI

GAMBARAN PELAKSANAAN 10T PADA ANC IBU HAMIL DI POLINDES KHARISMA CONDONG CATUR KECAMATAN DEPOK KABUPATEN SLEMAN YOGYAKARTA

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Latar Belakang: Sampai saat ini kematian ibu masih merupakan masalah prioritas di Indonesia. Setiap jam, dua orang ibu meninggal saat melahirkan karena berbagai penyebab. Di Indonesia angka kematian ibu 50 kali lebih tinggi dibandingkan dengan negara-negara ASEAN. Angka kematian bayi di Indonesia 1,2—1,5 kali lebih tinggi di banding dengan ASEAN. AKI di DIY tahun 2009 adalah 109/100.000 kelahiran hidup, untuk jumlah kematian ibu ada 48 dari 43.724 kelahiran hidup. Untuk mendapatkan kehamilan dan kelahiran yang sehat di upayakan pemberian pelayanan kehamilan yang efektif meliputi deteksi penyakit, konseling dan promosi kesehatan, persiapan persalinan, dan kesiapan menghadapi komplikasi.

Metode Penelitian: Penelitian ini merupakan desain penelitian *deskriptif*. Jumlah sampel yang digunakan adalah 42 responden dari Polindes Kharisma Kecamatan Depok Kabupaten Sleman Yogyakarta. Teknik pengambilan sampel dalam penelitian ini adalah *purposive sampling*.

Hasil: Berdasarkan hasil observasi pelaksanaan 10T terhadap 42 ibu hamil trimester III, ada yang terpenuhi dan tidak ada yang terpenuhi. Pelaksanaan 10T yang terpenuhi yaitu penimbangan berat badan dan pengukuran tinggi badan, pengukuran tekanan darah, pengukuran Lingkar Lengan Atas (LILA), pengukuran TFU, menentukan presentasi janin dan Denyut Jantung Janin (DJJ), imunisasi TT, pemberian tablet besi, temu wicara. Pelaksanaan yang tidak terpenuhi yaitu pelaksanaan tes laboratorium (rutin dan khusus) dan temu wicara.

Kesimpulan: Gambaran pelaksanaan 10T pada ANC ibu hamil di Polindes Kharisma Kecamatan Condong Catur Kabupaten Sleman Yogyakarta termasuk standar tidak terpenuhi.

Kata Kunci: Pelaksanaan 10T, ANC ibu hamil

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ABSTRACT

OVERVIEW OF THE IMPLEMENTATION OF 10T IN THE ANTENATAL CARE OF EXPECTANT MOTHERS AT THE KHARISMA VILLAGE MATERNITY HOME, CONDONG CATUR, DEPOK SUB-DISTRICT, SLEMAN REGENCY, YOGYAKARTA

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Background: Maternal death has remained a prioritized issue in Indonesia to date. Every hour, two mothers die when giving birth due to a variety of causes. In Indonesia, the maternal mortality ratio is 50 times higher than that of ASEAN countries. The infant mortality rate in Indonesia is 1.2 - 1.5 times higher than that of ASEAN countries. The maternal mortality ratio in the Special Region of Yogyakarta in 2009 was 109/100.000 live births, for the number of maternal deaths there were 48 out of 43.724 live births. To obtain a healthy pregnancy and birth, efforts are made to provide effective pregnancy service, which includes detection of diseases, health counselling and promotion, preparation for delivery, and preparedness for complication.

Research Method: This research constitutes a descriptive research design. The number of samples used was 42 respondents from the Kharisma Village Maternity Home, Depok Sub-District, Sleman Regency, Yogyakarta. The sampling technique used in this research was purposive sampling.

Results: Based on the results of observation of the implementation of 10T in 42 expectant mothers for the third trimester, some were fulfilled and some were not. The fulfilled implementation of 10T: body weighing and body height measurement, blood pressure measurement, mid-upper arm circumference measurement, TFU measurement, determination of infant presentation and Infant Heartbeat, TT immunisation, administration of iron tablets, interview. The unfulfilled implementation of 10T: laboratory test (routine and specific) and interview.

Conclusion: Overview of the implementation of 10T in the Ante-Natal Care of expectant mothers at the Kharisma Village Maternity Home of Condong Catur Sub-District, Sleman Regency, Yogyakarta falls into the unfulfilled standard.

Keywords: Implementation of 10T, Antenatal Care of expectant mothers

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