

GAMBARAN PERSEPSI IBU MENYUSUI MENGENAI ASI EKSKLUSIF YANG MEMPUNYAI BAYI 0-6 BULAN DI PUSKESMAS DANUREJAN 1 YOGYAKARTA

Nella Andariska¹, Reni Merta Kusuma²

INTISARI

Latar Belakang : ASI eksklusif merupakan ASI yang diberikan pada bayi 0-6 bulan. ASI mempunyai banyak manfaat bagi ibu dan bayi. Persepsi positif mengenai ASI eksklusif mempunyai dampak yang sangat besar bagi tercapainya keberhasilan pemberian ASI eksklusif oleh ibu untuk bayi.

Tujuan : Untuk mengetahui persepsi ibu mengenai ASI eksklusif yang mempunyai bayi 0-6 bulan di Puskesmas Danurejan 1 Yogyakarta.

Metode : Jenis penelitian deskriptif, jumlah populasi 29 responden, sampel 29 responden. menggunakan metode *sampling jenuh*, pengumpulan data menggunakan kuesioner skala likert yang telah dimodifikasi serta telah dilakukan uji validitas dan reliabilitas, analisis data univariat.

Hasil : Sebagian besar responden mempunyai persepsi negatif (72.4%), berumur 20-30 tahun (62.1%), pendidikan terakhir SMA (75.9%), dan tidak bekerja (55.2%).

Kesimpulan : Responden mempunyai persepsi negatif mengenai ASI eksklusif , kerentanan ASI persepsi positif (51.7%), manfaat ASI bagi ibu persepsi negatif (58.6%), dan manfaat ASI bagi bayi persepsi negatif (55.2%).

Kata kunci : ASI, ASI eksklusif, persepsi.

¹ Mahasiswa Diploma III Kebidanan Stikes Jenderal Achmad Yani Yogyakarta

² Dosen Pembimbing Stikes Jenderal Achmad Yani Yogyakarta.

**BREAST FEEDING MOTHER PERCEPTION OVERVIEW ABOUT
EXCLUSIVE BREAST MILK WHO HAS BABY
AGED 0-6 MONTH IN DANUREJAN 1
PUBLIC HEALTH CENTER
YOGYAKARTA**

Nella Andariska¹, Reni Merta Kusuma²

ABSTRACT

Background: Exclusive Breast milk is a which are given to baby aged 0-6 month. Breast milk has many benefit to mother and baby. Positive perception about exclusive breast milk having biggest impact to reach succes the proces of giving exclusive breast milk by mother to baby.

Objective: To knowing the breast feeding mother perception about exclusive breast milk who has baby aged 0-6 month in Danurejan 1 Public Health Center Yogyakarta.

Methods: Descriptive study this research was a kind of descriptive research. Total population 29 respondents , samples 29 respondents, using method sampling jenuh, data collection using questionnaire likert scale are modified and have been done validity test and reliability test and univariate data analysis.

Results: Most of the respondents have a negative perception (72.4%), aged 20-30 year (62.11%), last education senior high school (75.9%), and unemployed (55.2%).

Conclusion: respondent have negative perception about exclusive breast milk. susceptibility of breast milk is positive perception (51.7%), benefit of breast milk to mother is negative perception (58.6%), and benefit breast milk to baby is negative perception (55.2%).

Keyword : Breast Milk, Exclusive Breast Milk, Perception.

¹ Student of D-3 of Midwifery Stikes Jenderal Achmad Yani Yogyakarta.

² Lecturer of D-3 of Midwifery Stikes Jenderal Achmad Yani Yogyakarta.