

# **GAMBARAN TINGKAT PENGETAHUAN REMAJA PUTRI TENTANG SADARI (PEMERIKSAAN PAYUDARA SENDIRI) PADA SISWI KELAS IX DI SMP PGRI KASIHAN BANTUL**

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## **INTISARI**

**Latar Belakang :** Kanker tertinggi di Indonesia pada perempuan adalah kanker payudara dan kanker leher rahim. Provinsi D.I. Yogyakarta memiliki prevalensi tertinggi untuk penyakit kanker, yaitu sebesar 4,1%. Salah satu upaya yang bisa dilakukan untuk deteksi dini kanker payudara ini adalah dengan melakukan pemeriksaan payudara sendiri (SADARI). Dari hasil studi pendahuluan dengan wawancara yang dilakukan pada 10 siswa, hanya 3 orang (30%) siswi yang mengerti tentang pemeriksaan payudara sendiri.

**Tujuan Penelitian :** Diketuinya tingkat pengetahuan remaja putri tentang SADARI pada siswi kelas IX di SMP PGRI Kasihan Bantul

**Metode Penelitian :** Jenis penelitian ini adalah *deskriptif* dengan pendekatan *survey*. Sampel diambil dengan teknik *total sampling* yaitu siswi kelas IX di SMP PGRI Kasihan Bantul sebanyak 51 orang. Instrumen penelitian adalah kuesioner. Hasil penelitian dianalisis dengan uji univariat dengan persentase.

**Hasil penelitian :** Pengetahuan remaja putri tentang definisi SADARI pada kategori baik (45,7%), tentang tujuan pemeriksaan SADARI pada kategori cukup (48,6%), tentang waktu dilakukan pemeriksaan SADARI pada kategori cukup (57,1%), tentang cara – cara melakukan SADARI pada kategori baik (51,4%). Pengetahuan remaja putri tentang SADARI pada kategori cukup (48,6%).

**Kesimpulan :** tingkat pengetahuan remaja putri tentang SADARI pada siswi kelas IX di SMP PGRI Kasihan Bantul pada kategori cukup.

**Kata kunci :** Pengetahuan, Remaja Putri, SADARI

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# THE KNOWLEDGE OVERVIEW OF FEMALE ADOLESCENTS ABOUT BREAST SELF-EXAMINATION (BSE) IN STUDENTS GRADE IX OF JUNIOR HIGH SCHOOL PGRI KASIHAN BANTUL

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## Abstract

**Background:** Indonesia's highest cancers in women are breast cancer and cervical cancer. Province of D.I. Yogyakarta had the highest prevalence of cancer, as much 4,1%. One effort that could be done for early detection of breast cancer is to perform SADARI. Based on the result of preliminary study by interview did in 10 students, it was just 3 students (30%) who known about breast self-examination.

**Research Objective:** Known the knowledge level of female adolescents about SADARI in students grade IX of Junior High School PGRI Kasihan Bantul.

**Research Method:** This type of research was descriptive with survey approach. Sample was taken by total sampling technique were students grade IX in Junior High School PGRI Kasihan Bantul as many 51 students. Research instrument was questioner. Research result was analyzed by univariate test with percentage.

**Research Result:** Knowledge level of female adolescents about the definition of BSE was in good category (45,7%), about the purpose of BSE was in good category (48,6%), about time of BSE was in enough category (57,1%), about the way to perform BSE was in good category (51,4%). Knowledge of female adolescents about breast self-examination (BSE) was in enough category (48,6%).

**Conclusion:** Knowledge level of female adolescents about SADARI in student grade IX of Junior High School PGRI Kasihan Bantul was in enough category.

**Keywords:** Knowledge, Female Adolescents, SADARI

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