

TINGKAT PENGETAHUAN IBU NIFAS TENTANG ALAT KONTRASEPSI IUD DI RB WIDURI SLEMAN YOGYAKARTA

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INTISARI

Latar Belakang : Pengetahuan tentang IUD dapat menentukan minat ibu dalam menggunakan IUD. Pengetahuan tentang IUD bagi ibu nifas sangat dibutuhkan karena IUD merupakan salah satu alat kontrasepsi yang dapat langsung digunakan oleh ibu nifas. Hasil studi pendahuluan di Rumah Bersalin Widuri Sleman Yogyakarta, jumlah ibu nifas selama bulan Agustus 2014 sebanyak 35 orang. Wawancara dengan 10 ibu nifas tentang pengertian, efek samping, keuntungan serta kerugian KB IUD diperoleh sebanyak 6 orang (60%) belum mengerti IUD sedangkan 4 orang (40%) sudah mengerti IUD.

Tujuan : Untuk mengetahui tingkat pengetahuan ibu nifas tentang alat kontrasepsi IUD di Rumah Bersalin Widuri , Sleman, Yogyakarta.

Metode : Penelitian ini menggunakan metode *deskriptif*. Teknik sampel yang digunakan adalah *accidental sampling* yang berjumlah 60 ibu nifas pada bulan Maret 2016 di RB Widuri Sleman, Yogyakarta. Pengumpulan data dilakukan dengan menggunakan kuesioner. Analisis ini digunakan *distribusi frekuensi*.

Hasil : Tingkat pengetahuan ibu nifas tentang alat kontrasepsi IUD di RB Widuri Sleman Yogyakarta, dapat dikategorikan baik sebanyak 23 responden (38,3%), berpengetahuan cukup 16 responden (38,3%), pengetahuan kurang sebanyak 21 responden(35,0%).

Kesimpulan : Tingkat pengetahuan ibu nifas tentang alat kontrasepsi IUD di Rumah Bersalin Widuri Sleman Yogyakarta adalah baik.

Kata kunci : *pengetahuan, nifas, alat kontrasepsi IUD*

**LEVEL OF KNOWLEDGE POSTPARTUM ABOUT EQUIPMENT IUD
CONTRACEPTION IN RB WIDURI
SLEMAN YOGYAKARTA**

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ABSTRACT

Background: Knowledge about the IUD can determine maternal interest in using IUD. Knowledge of the IUD for postpartum mothers is needed because the IUD is a contraceptive that can be directly used by postpartum mothers. Results of a preliminary study in the maternity hospital of Yogyakarta Sleman thistle, the number of puerperal women during the month of August 2014 as many as 35 people. Interviews with 10 puerperal women on the definition, side effects, advantages and disadvantages IUD gained as much as 6 people (60%) do not understand the IUD, while four people (40%) already understand IUD.

Objective: To determine the level of knowledge about contraception postpartum mothers in the maternity hospital IUD thistle, Sleman, Yogyakarta.

Methods: This study used a descriptive method. The population of this research is all postpartum mothers regardless parity with normal delivery. The sampling method is to use accidental sampling. This analysis used descriptive percentage.

Results: The percentage descriptive analysis of test results, obtained most of the respondents have good knowledge about contraceptive IUD as many as 23 respondents (38.3%), aged 20-35 years of 52 respondents (86.7%), educated SMA / SMK as many as 35 people (58.3%), have a high income as many as 34 people (56.7%) and had never used an IUD before as many as 45 people (75.0%).

Conclusion: The level of knowledge of mothers postpartum about contraceptive IUD in the maternity hospital of Yogyakarta Sleman thistle is good.

Keywords: knowledge, postpartum, contraceptive IUD