

GAMBARAN PENGETAHUAN IBU HAMIL TENTANG PIJAT BAYI DI BPS SRI INDRIYATI MAGELANG

INTISARI

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Latar Belakang: Pijat adalah seni perawatan kesehatan dan pengobatan yang dipraktikkan sejak berabad-abad silam, bahkan diperkirakan ilmu ini telah dikenal sejak awal manusia diciptakan ke dunia, karena pijat berhubungan sangat erat dengan kehamilan dan proses kelahiran manusia. Pengalaman pijat pertama yang dialami manusia ialah pada waktu dilahirkan, yaitu pada waktu melalui jalan lahir ibu. Ibu memperoleh banyak manfaat dari kebiasaan pijat bayi yang dilakukan oleh ibu sendiri. Perlu sekali pijat bayi dijadikan sebagai suatu kebiasaan. Sikap ini banyak dipengaruhi oleh pengetahuan ibu terhadap pijat bayi itu sendiri. Sampai saat ini belum diketahui bagaimana pengetahuan ibu di BPS Sri Indriyati Magelang.

Tujuan : Tujuan penelitian ini untuk mengetahui gambaran Pengetahuan Ibu Hamil Tentang Pijat Bayi di BPS Sri Indriyati Magelang Tahun 2011.

Metode Penelitian: Penelitian ini merupakan penelitian survei deskriptif. Penelitian ini menggunakan pendekatan *cross sectional*. Penelitian dilakukan di BPS Sri Indriyati Magelang tahun 2011. subyek penelitian adalah Ibu hamil yang berjumlah 50 orang. Analisa data menggunakan rumus prosentase dengan skala ordinal.

Hasil Penelitian: Pengetahuan ibu hamil tentang pijat bayi di BPS Sri Indriyati Magelang adalah cukup 32 orang (64%), baik 12 orang (24%) dan kurang 6 orang (12%).

Kesimpulan: Gambaran pengetahuan ibu hamil tentang pijat bayi di BPS Sri Indriyati Magelang dalam kategori cukup 32 orang (64%)

Kata Kunci : Pengetahuan, Ibu Hamil, Pijat bayi

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PICTURE OF KNOWLEDGE THE PREGNANT MOTHER ABOUT INFANT MASSAGE IN BPS SRI INDRIYATI MAGELANG

ABSTRACT

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Background: Massage is the art of health care and treatment are practiced since centuries ago, even though this science has been known since the beginning man was made to the world, because massage is closely related to human pregnancy and parturition. The first massage experience that experienced by humans is at birth, ie at the time of the mother through the birth canal. Mothers gain many benefits of infant massage practice committed by his own mother. Therefore, it is essential to infant massage become a habit. However, this attitude is much influenced by the knowledge of mothers on infant massage itself. It is not yet known how the knowledge level of mothers in Connecticut Sri Indriyati Magelang.

Objectives: To know the description of Pregnant Women Knowledge About Infant Massage in Connecticut Sri Indriyati Magelang in 2011.

Research Methods: This study is a descriptive survey research study used a cross-sectional approach. The study was conducted in Connecticut Sri Indriyati Magelang in 2011. research subjects were pregnant women who account for 50 people. Analysis of data using the percentage formula with ordinal scales.

Results: Knowledge pregnant women about infant massage in the BPS Sri Indriyati Magelang is enough 32 people (64%), both 12 people (24%) and less 6 people (12%).

Conclusion: Overview of knowledge of pregnant women about infant massage in the BPS Sri Indriyati Magelang in the category of pretty 32 people (64%)

Keywords : Knowledge, Pregnancy, infant massage

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