

ABSTRACT

Knowledge Level Relationships Pregnancy Trimester III About Childbirth Preparation Childbirth Dealing With Anxiety In Polindes Charism Depok Sleman.

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Background : Mortality and morbidity mother in Indonesia is still a big problem. MMR in Indonesia is based on sources from the Health Department in 2007 was 228 per 100,000. Number of maternal mortality (pregnant women, maternity and child birth) are reported from the recording and reporting through the health department sleman in 2009, there were 9 women who died of maternal mortality 1 person, 5 persons maternal mortality, maternal childbirth deaths of 3 people.

Methods : This research uses descriptive analytical method with crosssectional approach. Research subjects some 30 people in the third trimester pregnant women Polindes Charisma Depok Sleman.

Results : A total of 30 respondents (63.3%) had sufficient knowledge level category and have high levels of anxiety in the category of being.

Conclusion : There is a level of respondent knowledge about childbirth preparation with the level of anxiety in the face of labor as indicated by the τ value of -0.697 significant at the level of 0000.

Keywords: Childbirth Preparation Knowledge, Facing Anxiety Labor

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ABSTRAK

Hubungan Tingkat Pengetahuan Ibu Hamil Trimester III Tentang Persiapan Persalinan Dengan Kecemasan Menghadapi Persalinan Di Polindes Kharisma Depok Sleman.

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Latar Belakang : Kematian dan kesakitan ibu di Indonesia masih merupakan masalah besar. AKI di Indonesia berdasarkan sumber dari Dinas Kesehatan Tahun 2007 adalah 228 per 100.000. Jumlah kematian maternal (Ibu hamil, bersalin dan nifas) yang dilaporkan dari pencatatan dan pelaporan melalui dinas kesehatan sleman tahun 2009, tercatat 9 ibu yang meninggal terdiri dari kematian ibu hamil 1 orang, kematian ibu bersalin 5 orang, kematian ibu nifas sebanyak 3 orang.

Metode : Penelitian ini menggunakan metode *deskriptif analitik* dengan pendekatan *cross sectional*. Subjek penelitian sejumlah 30 orang ibu hamil trimester III di Polindes Kharisma Depok Sleman.

Hasil : Sebanyak 30 responden (63,3%) mempunyai kategori tingkat pengetahuan yang cukup dan memiliki tingkat kecemasan dalam kategori sedang.

Simpulan : Ada hubungan tingkat pengetahuan responden tentang persiapan persalinan dengan tingkat kecemasan dalam menghadapi persalinan yang ditunjukkan dengan nilai r sebesar -0,697 pada taraf signifikan 0.000.

Kata Kunci : Pengetahuan Persiapan Persalinan, Kecemasan Menghadapi Persalinan

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