

ABSTRACT

THE RELATION BETWEEN *POST-PARTUM* MOTHERS' KNOWLEDGE LEVEL ABOUT MOBILIZATION AND ANXIETY IN EARLY MOBILIZATION IMPLEMENTATION IN BPS MURYATI KALASAN SLEMAN IN 2011

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Background : Around 80 % of post-partum mothers experience anxiety. Post-partum mothers are afraid of making lots motion as they are anxious that the motions may cause unexpected effects. Therefore, mothers choose to get lazy while it is necessary for post-partum mothers to implement early mobilization.

Objective : To indentify the relation between The relation between post-partum mothers' knowledge level about mobilization and anxiety in early mobilization implementation.

Method : This research used analytical survey and cross-sectional time approach. Population in this research were all post-partum mothers in BPS Muryati Kalasan Sleman as many as 40 respondents. Sampling techniqve was total sampling asa many as 40 respondents. Data analysis used Kendall Tau test.

Result : From statistical caculation result with Kendall Tau showed p valve $< \alpha$ (sig = 0,000 $<$ 0,05), thereby ho was rejected and ha was accepced meaning that there was a relation between The relation between post-partum mothers' knowledge level about mobilization and anxiety in early mobilization implementation in BPS Muryati Kalasan, Sleman.

Conclusion : According to research result, it could be concluded that there was a relation between The relation between post-partum mothers' knowledge level about mobilization and anxiety in early mobilization implementation in bps muryati kalasan, sleman. It was recommended to hold dissemination about early mobilization so that post-partum mothers did't experience any anxiety un early mobilization implementation.

Keywords: Mobilization Knowledge, Mobilization Anxiety

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