

FAKTOR-FAKTOR YANG MEMPENGARUHI KEBERHASILAN INISIASI MENYUSU DINI DI PUSKESMAS TEGALREJO YOGYAKARTA TAHUN 2012

INTISARI

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Latar Belakang: Inisiasi menyusui dini sangat bermanfaat secara fisiologis maupun psikologis bagi ibu dan bayi. Inisiasi menyusui dini masih belum banyak diketahui masyarakat. Di Indonesia, baru sekitar 4% ibu melahirkan yang melakukan inisiasi menyusui dini. Berhasil atau tidaknya penyusuan dini di tempat pelayanan ibu bersalin dapat dipengaruhi oleh berbagai hal, diantaranya faktor pengetahuan, sikap ibu, kondisi fisik ibu, kondisi psikis ibu, kondisi fisik bayi, perilaku petugas kesehatan dan perilaku keluarga

Tujuan: Mengetahui faktor-faktor yang mempengaruhi keberhasilan inisiasi menyusui dini di Puskesmas Tegalrejo Yogyakarta.

Metode Penelitian: Metode penelitian *observasional*, pendekatan *cross sectional*. Lokasi penelitian di Puskesmas Tegalrejo Yogyakarta. Populasi dalam penelitian ibu bersalin dan bayi baru lahir. Subyek penelitian 33 responden, teknik sampling adalah *purposive sampling*. Data primer diperoleh langsung dari responden. Analisis data dengan teknik analisis deskriptif.

Hasil Penelitian: Pengetahuan ibu baik namun tidak berhasil IMD sebanyak 18 responden (54,5%). Faktor sikap ibu positif dan berhasil IMD sebanyak 12 responden (63,2%). Faktor kondisi fisik ibu baik dan berhasil IMD yaitu sebanyak 11 responden (55,0%). Faktor kondisi psikis ibu seluruhnya normal dan berhasil IMD sebanyak 14 responden (70,0%). Faktor kondisi fisik bayi baik dan berhasil IMD sebanyak 11 responden (57,95). Faktor perilaku petugas kesehatan positif dan berhasil IMD sebanyak 14 responden (56,0%). Faktor perilaku keluarga positif namun tidak berhasil IMD sebanyak 13 responden (52,0%).

Kesimpulan: Faktor-faktor yang mempengaruhi keberhasilan IMD yaitu meliputi faktor sikap ibu, fisik ibu, psikis ibu, fisik bayi, dan perilaku petugas kesehatan. Sedangkan faktor pengetahuan dan perilaku keluarga tidak mempengaruhi keberhasilan IMD.

Kata Kunci: Faktor-faktor keberhasilan, Inisiasi menyusui dini.

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**FACTORS THAT INFLUENCE THE EARLY INITIATION SUCCESS NURSING
AT THE HEALTH CENTER *TEGALREJO*
YOGYAKARTA IN 2012**

ABSTRACT

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Background of the Research:

Early Initiation Nursing is very important to the mother's and baby's physiology and psychology. Early initiation nursing is unknowns by the mother. In Indonesia, only 4% mother who did early initiation Nursing. Failed or succeed in doing early initiation nursing at the health center can be influenced by some aspects, are they, a knowledge, mother's physiology and psychology, baby's physiology, and family's or healthy guard's behavior.

The Objectives:

To know the factors that influence in early initiation success nursing at the health center *Tegalrejo – Yogyakarta*.

Research Methodology:

The researcher use observational method as research methodology, and use cross sectional as an approach. The researcher took the health center at *Tegalrejo Yogyakarta* as the research location. The researcher use purposive sampling as the technique and took 33 respondents as the sample. Primer data was got from the respondents.

The Resultsof the Research:

In general, all of the mother's knowledge are well, but, there are 18 respondents (54,5%) in IMD process was failed. Next, there are 12 respondents (63,2%) of mother's behavior was success and positive. And then, there are 11 respondents (55,5%) of mother's physiology was well, and there are 14 respondents (70,0%) of mother's psychology was normal. After that, there are 11 respondents (57,95%) of baby's physiology was well and 14 respondents (56,0%) of healthy guard was positive. Besides, there are 13 respondents (52,0%) of family's behavior was positive but fail in doing IMD process.

The Conclusions:

Factors that were influence in IMD process, that is, mother's attitude, mother's physical, mother's psychology, baby's physical and healthy guard's behavior. Besides, the factors that influence the IMD failure are family's behavior and knowledge.

Keywords : The success factors, Early Initiation Nursing.

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