

GAMBARAN TINGKAT PENGETAHUAN REMAJA TENTANG SEKS BEBAS PADA SISWA KELAS XI DI SMA KOLOMBO SLEMAN, YOGYAKARTA

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INTISARI

Latar Belakang: Kesehatan reproduksi adalah masalah vital dalam pembangunan kesehatan umumnya. Kurangnya pemahaman masyarakat khususnya remaja menyebabkan berbagai ketidaktahuan tentang kesehatan reproduksi yang seharusnya dipahami. Remaja harus memiliki pengetahuan yang benar tentang seks, karena pengetahuan tersebut akan membentuk perilaku sehat serta bertanggung jawab yang berkaitan dengan masalah kehidupan reproduksi. Studi pendahuluan menunjukkan bahwa dari 10 siswa terdapat 6 siswa yaitu 60% yang berpengetahuan kurang, dan 4 siswa yaitu 40% yang berpengetahuan baik tentang seks bebas.

Tujuan Penelitian: Diketuinya gambaran tingkat pengetahuan remaja tentang seks bebas pada siswa kelas XI di SMA Kolombo Sleman, Yogyakarta.

Metode Penelitian: Penelitian ini menggunakan metode *deskriptif*, dengan pendekatan *cross sectional*. Populasi penelitian seluruh siswa kelas XI SMA Kolombo sejumlah 89 siswa. Teknik pengambilan sampel dengan *subjek penelitian*. Analisa data yang digunakan adalah analisa univariat. Penelitian dilakukan pada bulan Februari sampai Juli.

Hasil Penelitian: Sebagian besar siswa kelas XI di SMA Kolombo mempunyai pengetahuan seks bebas cukup yaitu 61 siswa (68,5%), pengetahuan pengertian seks bebas cukup 40 siswa (44,9%), pengetahuan faktor yang mempengaruhi remaja melakukan seks bebas cukup 38 siswa (42,7%), pengetahuan komponen perilaku seks bebas kurang 55 siswa (61,8%), pengetahuan akibat seks bebas baik 41 siswa (46,1%).

Kesimpulan: Tingkat pengetahuan remaja tentang seks bebas pada siswa kelas XI di SMA Kolombo dengan kategori cukup sebanyak 61 siswa (68,5%).

Kata Kunci: Pengetahuan, Remaja, Seks Bebas

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DESCRIPTION OF ADOLESCENTS' LEVEL OF KNOWLEDGE ABOUT FREE SEX AMONG STUDENTS OF GRADE XI AT KOLOMBO HIGH SCHOOL SLEMAN, YOGYAKARTA

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ABSTRACT

Background: Reproduction health is a vital issue in generally health development. The lack of comprehension about this issue in the community especially among adolescent causes ignorance toward reproduction health that they should know. Comprehensive correct knowledge about sex is the adolescent must have because this knowledge will shape healthy behavior and responsibility related to reproduction issue. Preliminary study showed that from 10 students, 6 of them (60%) have poor knowledge about free sex, and only 4 of them (40%) have good knowledge about free sex.

Purpose: To find out the description of the level of knowledge of adolescent about free sex among students of grade XI at Kolombo High School Sleman Yogyakarta.

Method: This study used descriptive method with cross-sectional approach. The population of this study was all the students of grade XI at Kolombo High School as many as 89 students. Sampling technique used research subject. Data analyze used in this study was univariat analysis. The study itself is done from February to July.

Result: Majority of students of grade XI at Kolombo High School have knowledge about free sex in level of moderate that is as many as 61 students (68,5%), knowledge about the meaning of free sex in level of moderate that is as many as 40 students (44,9%), knowledge about factors influencing adolescent to commit free sex in level of moderate that is as many as 38 students (42,7%), knowledge about behavioral components of free sex in level of poor that is as many as 55 students (61,8%), and knowledge about consequences of free sex in level of good that is as many as 41 students (46,1%).

Conclusion: Adolescents' level of knowledge about free sex among students of grade XI at Kolombo High School with moderate category was 61 students (68,5%).

Keywords: Knowledge, Adolescent, Free Sex

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