

**HUBUNGAN TINGKAT PENGETAHUAN IBU HAMIL TRIMESTER III
TENTANG TANDA-TANDA BAHAYA KEHAMILAN DENGAN
KESIAPAN MENTAL MENGHADAPI PERSALINAN
DI PUSKESMAS TURI KABUPATEN
SLEMAN YOGYAKARTA**

INTISARI

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Latar Belakang : Angka kematian ibu dan bayi yang tinggi yaitu 228/100.000 kelahiran hidup dan tahun 2008, 4.692 jiwa ibu melayang dimasa kehamilan, persalinan, dan nifas. Dari hasil studi pendahuluan pada saat wawancara pada 10 ibu hamil, terdapat 7 ibu hamil yang merasa takut, belum siap apabila suatu saat terjadi tanda-tanda bahaya tersebut, bahkan ada 5 ibu hamil yang pernah mengalaminya.

Tujuan Penelitian : Mengetahui tingkat pengetahuan ibu hamil trimester III tentang tanda-tanda bahaya kehamilan dengan kesiapan mental menghadapi persalinan di Puskesmas Turi.

Metode Penelitian : Menggunakan metode penelitian deskriptif analitik, jenis penelitian *survey analitik* dengan pendekatan *cross sectional*. Penelitian dilakukan di Puskesmas Turi tanggal 10-16 Agustus 2010. Subyek penelitian adalah ibu hamil Trimester III di wilayah Puskesmas Turi. Uji statistik menggunakan *Kendall Tau*. Instrumen penelitian menggunakan kuisioner tertutup.

Hasil Penelitian : Tingkat pengetahuan ibu hamil trimester III dalam kategori baik sebanyak 85,1%, kesiapan mental dalam kategori siap yaitu sebanyak 68,1%. Dari hasil uji statistik dengan menggunakan Uji *Kendall Tau* diperoleh nilai z hitung $> z$ tabel yaitu $2,24 > 1,96$.

Kesimpulan : Ada hubungan antara tingkat pengetahuan ibu hamil trimester III tentang tanda-tanda bahaya kehamilan dengan kesiapan mental menghadapi persalinan di Puskesmas Turi Sleman tahun 2010.

Kata Kunci : Tanda-tanda bahaya kehamilan, kesiapan mental menghadapi persalinan

Kepustakaan : Buku 12 buah, artikel 6 buah

Jumlah halaman : 67 halaman

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**EXPOSURE LEVEL OF KNOWLEDGE ABOUT THIRD TRIMESTER
PREGNANT WOMEN DANGER SIGNS OF PREGNANCY WITH
READINESS IN MENTAL HEALTH CARE DELIVERY
CURRENTLY FACING TURI
SLEMAN REGENCY**

ABSTRACT

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Background: The infant and maternal mortality rates are high, 228/100.000 live births and in 2008, 4692 mothers soul floated the days of pregnancy, childbirth, and childbirth. From the preliminary study at the interview on 10 pregnant women, there are seven pregnant women who feel scared, not ready when the moment there are warning signs, there are even five pregnant women who've been there.

Objective: To determine the level of knowledge of third trimester pregnant women about danger signs of pregnancy with mental readiness to face delivery in Puskesmas Turi.

Method: Using a descriptive analytical research method, the type of survey research with cross sectional analytic. The study was conducted in PHC Turi dated August 10 to 16, 2010. Subjects were third trimester pregnant women in the region Puskesmas Turi. Statistical test using the Kendall Tau. The instrument was a closed questionnaire.

Results: The level of knowledge third trimester pregnant women in both categories as many as 85.1%, mental readiness in a category that is as much 68.1% ready. From the statistical test by using the Kendall Tau test was obtained by calculating the value $z > z$ table in which $2.24 > 1.96$.

Conclusion: There is a relationship between level of knowledge of third trimester pregnant women about danger signs of pregnancy with mental readiness to face delivery in health centers in 2010 Turi Sleman.

Keywords: danger signs of pregnancy, childbirth mental readiness to face

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