

**HUBUNGAN TINGKAT KEPUASAN DENGAN *ACADEMIC BURNOUT*
SAAT PEMBELAJARAN DARING PADA MAHASISWA
KEPERAWATAN UNIVERSITAS JENDERAL
ACHMAD YANI YOGYAKARTA**

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INTISARI

Latar Belakang : Pembelajaran daring pada mahasiswa memberikan kendala tersendiri sehingga beberapa diantara mereka mengalami kelelahan dan kejenuhan dalam menjalankan pembelajaran atau yang disebut dengan *academic burnout*. Untuk menghindari hal tersebut perlu adanya peningkatan kepuasan pembelajaran daring yang meliputi *user quality*, *organizational quality*, *e-learning system quality*.

Tujuan : Penelitian ini bertujuan untuk mengetahui hubungan antara tingkat kepuasan mahasiswa dan *academic burnout* pada mahasiswa keperawatan Universitas Jenderal Achmad Yani Yogyakarta.

Metode : Penelitian ini menggunakan jenis penelitian kuantitatif dengan pendekatan *cross sectional*. Sampel yang diambil menggunakan Teknik *random sampling* sebanyak 102 responden dengan kriteria inklusi diantaranya mahasiswa aktif semester II, IV, VI dan VIII TA 2021/2022. Pengambilan data menggunakan kuesioner tingkat kepuasan dan *academic burnout* yang berskala *likert*. Analisis data dilakukan dengan analisis univariat dan bivariat.

Hasil : Hasil penelitian menunjukkan 70,6% responden mengalami *academic burnout* dengan kategori sedang-ringan, dan 53,9% mahasiswa merasa puas dalam pembelajaran daring. Nilai korelasi *Somers' d* yaitu 0,819 dan *p – value* 0,022 yang artinya ada korelasi yang bermakna antara tingkat kepuasan dengan *academic burnout* saat pembelajaran daring.

Kesimpulan : Pembelajaran daring saat pandemi yang dirasakan tidak membebani mahasiswa, sehingga sebagian besar mahasiswa merasa puas dan yang mengalami *academic burnout* dalam pembelajaran daring cenderung ringan-sedang.

Kata Kunci : *Academic Burnout*, Mahasiswa Keperawatan, Pembelajaran Daring, Tingkat Kepuasan.

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THE RELATIONSHIP BETWEEN SATISFACTION AND ACADEMIC BURNOUT IN ONLINE LEARNING IN THE NURSING STUDENTS OF UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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ABSTRACT

Background: Online learning for students provides its obstacles. Thus, some of them experience fatigue and boredom in carrying out learning or what is called academic burnout. To avoid this from occurring, it is necessary to increase online learning satisfaction which includes user quality, organizational quality, and e-learning system quality.

Destination: This study aims to determine the relationship between the level of student satisfaction and academic burnout of nursing students at Universitas Jenderal Achmad Yani, Yogyakarta.

Method: This research used quantitative research with a cross-sectional approach. The sample was taken using a random sampling technique of 102 respondents with inclusion criteria including active students in semesters II, IV, VI, and VIII Academic Year of 2021/2022. Data collection used a questionnaire on satisfaction level and academic burnout with a Likert scale. Data analysis was performed by univariate and bivariate analysis.

Results: The results reveal that 70.6% of respondents experience academic burnout in the medium-light category, and 53.9% of students are satisfied with online learning. The Somers'd correlation value is 0.819 and the p-value is 0.022, which means that there is a significant correlation between satisfaction level and academic burnout during online learning.

Conclusion: Online learning during the pandemic does not seem to burden students, so most students are satisfied and those who experience academic burnout in online learning tend to be in the light-medium level.

Keywords: *Academic Burnout, Nursing Students, Online Learning, Satisfaction Level*

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