

## INTISARI

### GAMBARAN TINGKAT PENGETAHUAN REMAJA PUTRI TENTANG SADARI DI SMA N 1 MLATI SLEMAN YOGYAKARTA

Efa yunita Anggriani<sup>1</sup>, Ika Fitria Ayuningtyas<sup>2</sup>

**Latar Belakang:** Menurut data *World Health Organization* (WHO) tahun 2013, insiden kanker payudara meningkat dari 12,7 juta kasus tahun 2008 menjadi 41,1 juta kasus tahun 2012. Kanker payudara penyebab kematian ke dua di dunia sebesar 13% setelah penyakit kardiovaskuler. Dari hasil studi pendahuluan yang dilaksanakan melalui wawancara dengan 12 siswi putri di SMA N 1 Mlati Sleman Yogyakarta pada tanggal 10 Januari 2017, didapatkan hasil bahwa sebanyak 12 siswi kelas X yang benar menjawab tentang pengertian Sadari, tujuan Sadari, dan kapan melakukan Sadari hanya satu orang.

**Tujuan:** Mengetahui tingkat pengetahuan remaja putri tentang Sadari di SMA N 1 Mlati Sleman Yogyakarta

**Metode Penelitian:** Metode penelitian ini adalah deskriptif kuantitatif. Penelitian ini di lakukan pada tanggal 02 Mei 2017 di SMA N 1 Mlati Sleman Yogyakarta, jumlah sampel 59 responden, alat pengambilan data menggunakan kuesioner tertutup dan analisa univariat.

**Hasil:** Tingkat pengetahuan Sadari dalam kategori kurang 24 siswi (40.7%), pengertian Sadari dalam katagori cukup 24 siswi (40.7%), tujuan Sadari dalam katagori cukup 27 siswi (45.8%), waktu dilakukan Sadari dalam kategori kurang 36 siswi (61.0%), dan cara melakukan Sadari dalam kategori kurang 30 siswi (50.8%).

**Kesimpulan:** Hasil penelitian ini didapat bahwa pengetahuan remaja putri tentang Sadari di SMA N 1 Mlati Sleman Yogyakarta dalam kategori kurang.

**Kata Kunci:** Tingkat Pengetahuan, Sadari

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## ABSTRACT

### DESCRIPTION OF ADOLESCENT LEARNING KNOWLEDGE ABOUT BSE IN SMA N 1 MLATI SLEMAN YOGYAKARTA

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**Background:** According to data from the World Health Organization (WHO) in 2013, the incidence of breast cancer increased from 12.7 million cases in 2008 to 41.1 million cases in 2012. The second cause of death of breast cancer in the world by 13% after cardiovascular disease. From the preliminary study conducted through interviews with 12 female students in SMA N 1 Mlati Sleman Yogyakarta on January 10, 2017, obtained the result that as many as 12 correct class X students answered about the sense of Sadari, the purpose of Realizing, and when to realize only one person.

**Purpose:** Knowing the level of knowledge of young women about Sadari in SMA N 1 Mlati Sleman Yogyakarta

**Research Method:** This research method is descriptive quantitative. This research was conducted on May 02, 2017 at SMA N 1 Mlati Sleman Yogyakarta, the sample number of 59 respondents, data collection tool using closed questionnaire and univariate analysis.

**Results:** Knowledge level Be aware in the category of less than 24 female students (40.7%), Self-awareness in the category of 24 female students (40.7%), Realize in the category of 27 female students (45.8%), Sadari time in the category less 36 students (61.0%), And how to realize in the category of less than 30 female students (50.8%).

**Conclusion:** The results of this study found that the knowledge of young women about Sadari in SMA N 1 Mlati Sleman Yogyakarta in the category less.

**Keywords:** Level of Knowledge, Realize

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