

ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY.P UMUR 27 TAHUN PRIMIPARA DI KLINIK WIDURI SLEMAN

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RINGKASAN

Latar Belakang : Kehamilan merupakan suatu proses bertemunya sel sperma dan sel telur di indung telur (Ovarium) atau yang disebut dengan konsepsi hingga tumbuh menjadi zigot, kehamilan merupakan hal yang alamiah dan fisiologis dimana ibu hamil akan mengalami perubahan fisik dan psikologis, saat ibu hamil mengalami perubahan pada fisiknya ibu hamil akan mengalami ketidaknyamanan pada kehamilan trimester III salah satunya yaitu nyeri punggung.

Tujuan : Mampu melakukan asuhan berkesinambungan pada Ny.P 27 tahun Primipara di Klinik Widuri Sleman Yogyakarta sesuai dengan standar pelayanan kebidanan.

Hasil : Telah dilakukan asuhan kebidanan berkesinambungan dari hamil sampai nifas. Pendampingan selama kehamilan Trimester III dilakukan sebanyak 1 kali dengan keluhan nyeri punggung sehingga dilakukan asuhan komplementer kompres menggunakan air hangat. Persalinan spontan pada tanggal 23 Maret 2024 kondisi ibu dan bayi normal jenis kelamin perempuan BB 3110 gram, PB 49 cm, LD 30 cm, LK 31 cm, LILA 11, selama persalinan ibu mendapatkan asuhan komplementer berupa *massage* punggung. Kunjungan masa nifas dilakukan sebanyak 4 kali pada kunjungan nifas yang pertama dilakukan asuhan komplementer pijat oksitosin karena ASI ibu belum keluar. Kunjungan neonatus dilakukan sebanyak 3 kali.

Kesimpulan : Asuhan kebidanan berkesinambungan diberikan selama hamil hingga nifas sudah sesuai dengan standar pelayanan kebidanan dan tidak terdapat kesenjangan dengan teori.

Kata Kunci : Asuhan Berkesinambungan, Primipara, Nyeri Punggung.

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CONTINUOUS MIDWIFERY CARE FOR 27 YEARS OLD PRIMIPARA IN CLINIC WIDURI SLEMAN

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ABSTRAK

Background : Pregnancy is a process of meeting sperm cells and egg cells in the ovaries (Ovaries) or what is called conception until it grows into a zygote, pregnancy is a natural and physiological thing where pregnant women will experience physical and psychological changes, when pregnant women experience changes in their physical condition, pregnant women will experience discomfort in the third trimester of pregnancy, one of which is back pain.

Objective : To be able to provide continuous care for 27-year-old primiparous Mrs. P at Widuri Clinic Sleman Yogyakarta in accordance with midwifery service standards.

Results : Continuous midwifery care has been carried out from pregnancy to postpartum. Assistance during the third trimester of pregnancy was carried out 1 time with complaints of back pain so that complementary care was given using warm water compresses. Spontaneous labor on March 23, 2024, the condition of the mother and baby was normal, female gender, weight 3110 grams, height 49 cm, weight 30 cm, height 31 cm, and LILA 11. During labor, the mother received complementary care in the form of back massage. Postpartum visits were carried out 4 times, at the first postpartum visit, complementary oxytocin massage was given because the mother's breast milk had not yet come out. Neonatal visits were carried out 3 times.

Conclusion : Continuous midwifery care provided during pregnancy to postpartum was in accordance with midwifery service standards and there were no gaps with the theory.

Keywords: Continous of care, Primipara, Back Pain.

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