

HUBUNGAN PENGETAHUAN DENGAN KEPATUHAN IBU HAMIL DALAM MENGONSUMSI TABLET FE DI PUSKESMAS PIYUNGAN BANTUL YOGYAKARTA

Afifah Ayu Safitri¹, Alfie Ardiana Sari², Arum Margi Kusumawardani³
Program Studi Kebidanan S-1 Universitas Jenderal Achmad Yani Yogyakarta
Email: afifahayusafitri20@gmail.com

INTISARI

Latar Belakang: Ibu hamil memerlukan asupan gizi yang baik, salah satu menghindari gangguan kesehatan pada masa kehamilan ialah dengan mengonsumsi tablet Fe guna menghindari terjadinya anemia, berdasarkan profil Dinas Kesehatan Kabupaten Bantul capaian pemberian tablet Fe memiliki persentase terendah pada tahun 2022 yaitu 83,1%. Puskesmas Piyungan persentase capaian terendah sebesar 71,1% belum mencapai target nasional. Kepatuhan ibu hamil berhubungan dengan tingkat pengetahuan dimana semakin rendah pengetahuan menyebabkan zat besi yang tersedia tidak dikonsumsi secara optimal.

Tujuan: Mengetahui hubungan antara pengetahuan ibu hamil mengenai tablet Fe dengan kepatuhan ibu hamil dalam mengonsumsi tablet Fe di Puskesmas Piyungan Bantul Yogyakarta.

Metode Penelitian: Desain penelitian ini menggunakan observasi analitik dengan pendekatan *cross sectional*. Sempel dalam penelitian ini adalah seluruh ibu hamil trimester II dan III dengan jumlah 58 responden dengan teknik pengambilan sampel yaitu *purposive sampling* yang sesuai dengan kriteria penelitian, pengumpulan data menggunakan lembar kuesioner, dalam menganalisis data menggunakan uji *Chi-square*.

Hasil: Hasil penelitian didapatkan 19 responden (70,4%) berpengetahuan cukup dan patuh dalam mengonsumsi tablet Fe. *uji statistik Chi-square* menunjukkan nilai signifikansi $p = 0,001 (< 0,05)$, sehingga H_1 diterima dan H_0 ditolak.

Kesimpulan: Terdapat hubungan yang bermakna antara pengetahuan dengan kepatuhan ibu hamil dalam mengonsumsi tablet Fe di Puskesmas Piyungan Bantul Yogyakarta, diharapkan bagi puskesmas piyungan dapat meningkatkan pengetahuan ibu hamil mengenai tablet Fe dengan meningkatkan sosialisasi kepada masyarakat serta peran kader dalam mengedukasi ibu hamil.

Kata Kunci: Ibu Hamil, Kepatuhan, Pengetahuan, Tablet Fe

¹Mahasiswa Kebidanan S-1 Universitas Jenderal Achmad Yani Yogyakarta

^{2,3}Dosen Kebidanan S-1 Universitas Jenderal Achmad Yani Yogyakarta

**CORELLATION BETWEEN KNOWLEDGE AND COMPLIANCE OF
PREGNANT TO CONSUME IRON TABLETS AT PIYUNGAN
COMMUNITY HEALTH CENTRE, BANTUL
YOGYAKARTA**

Afifah Ayu Safitri¹, Alfie Ardiana Sari², Arum Margi Kusumawardani³
Program Studi Kebidanan S-1 Universitas Jenderal Achmad Yani Yogyakarta
Email: afifahayusafitri20@gmail.com

ABSTRACT

Background: Pregnant women need good nutritional intake, one way to avoid health problems during pregnancy is by consuming Fe tablets to avoid anemia. Based on the profile of the Bantul District Health Service, the achievement of giving Fe tablets has the lowest percentage in 2022, namely 83.1%. Piyungan Community Health Center had the lowest achievement percentage of 71.1%, not yet reaching the national target. Pregnant women's compliance is related to the level of knowledge where the lower the knowledge, the more available iron is not consumed optimally.

Objective: To determine the relationship between pregnant women's knowledge about Fe tablets and pregnant women's compliance in consuming Fe tablets at the Piyungan Bantul Health Center, Yogyakarta.

Research Method: The research design uses analytical observation with a cross-sectional approach. The sample in this study was all second and third trimester pregnant women with a total of 58 respondents using a sample collection technique, namely purposive sampling in accordance with the inclusion criteria, data collection using a questionnaire sheet, and analyzing the data using the Chi-square test.

Results: The research results showed that 19 respondents (70.4%) had sufficient knowledge and were compliant in consuming Fe tablets. The Chi-square statistical test shows a significance value of $p = 0.001 (< 0.05)$, so that H1 is accepted and H0 is rejected.

Conclusion: There is a significant relationship between knowledge and compliance of pregnant women in consuming Fe tablets at the Piyungan Community Health Center Bantul Yogyakarta. It is hoped that the Piyungan Community Health Center can increase pregnant women's knowledge regarding Fe tablets by increasing socialization to the community and the role of cadres in educating pregnant women.

Keywords: Pregnant Women, Compliance, Knowledge, Fe Tablets.

¹Bachelor of Midwifery Student Jenderal Achmad Yani University, Yogyakarta

^{2,3}Lecturer in Midwifery S-1 Jenderal Achmad Yani University, Yogyakarta