

# GAMBARAN *ACADEMIC SELF CONCEPT* PADA MAHASISWA KEPERAWATAN DI UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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## INTISARI

**Latar Belakang:** *Academic self concept* negatif akan berdampak pada mahasiswa sehingga mahasiswa akan mengalami gangguan kognitif yang berakibat mahasiswa tidak memiliki rasa percaya diri dalam mengikuti kegiatan akademik. Dikarenakan selalu merasa tertinggal pada kegiatan akademik, dampak dari ketertinggalan kegiatan akademik tersebut mahasiswa akan kesulitan berkonsentrasi sehingga mengalami gangguan pola tidur yang mengakibatkan depresi dan berujung mahasiswa melakukan bunuh diri.

**Tujuan:** Mengetahui gambaran *academic self concept* mahasiswa keperawatan Keperawatan Universitas Jenderal Achmad Yani Yogyakarta

**Metode:** Metode penelitian ini memakai metode *deskriptif* kuantitatif. Teknik pengambilan sampel yaitu *convenience sampling* dengan sampel sebanyak 96. Penelitian menggunakan pendekatan *cross sectional* dan analisa penelitian menggunakan analisa univariat. Penelitian ini dilakukan pada tanggal 15 sampai 21 November 2024. Instrumen penelitian ini menggunakan kuisioner *Academic self concept scala*. Data dianalisis menggunakan aplikasi Ms.Excel dan SPSS 26.

**Hasil:** Diketahui bahwa karakteristik responden berdasarkan jenis kelamin diketahui mayoritas responden berjenis kelamin perempuan, semester 5, usia remaja akhir, latar belakang pendidikan SMA IPA, alasan berkuliah di UNJAYA memiliki alasan minat sendiri. Diketahui bahwa *Academic Self Concept* Mahasiswa Keperawatan Universitas Jenderal Achmad Yani Yogyakarta mayoritas memiliki *Academic Self Concept* positif sebanyak 81 responden (84,4%). Sedangkan untuk *Academic Self Concept* negatif sebanyak 15 responden (15,6%).

**Kesimpulan:** *Academic self concept* mahasiswa Keperawatan Universitas Jenderal Achmad Yani Yogyakarta adalah *academic self concept* positif.

**Kata Kunci:** *Academic Self Concept*, Mahasiswa Keperawatan

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# THE DESCRIPTION OF *ACADEMIC SELF-CONCEPT* OF NURSING STUDENTS AT UNIVERSITAS JENDERAL ACHMAD YANI YOGYAKARTA

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## ABSTRACT

**Background:** Negative *academic self-concept* can cause cognitive problems in students so that they lack confidence when participating in academic activities. The students will have difficulties to concentrate because of the feeling. Thus, they might suffer from sleep pattern disturbance and lead to suicide.

**Objective :** It aims at finding out the description of academic self-concept of Nursing students at Universitas Jenderal Achmad Yani Yogyakarta.

**Methods :** The research method was descriptive quantitative and the sample collection technique used convenience sampling with 96 samples. In addition, it used cross sectional approach and univariate analysis. The research was conducted from 15 to 21 November 2024. Meanwhile, the research instrument used Academic Self-Concept Scale questionnaire. Finally, the data was analyzed using Ms. Excel and SPSS 26.

**Results:** The result showed that the characteristics of the respondents were mostly female, in semester 5, in their late teens, with senior high school education background of Natural Sciences and having their own interests when studying in UNJAYA (Universitas Jenderal Achmad Yani Yogyakarta). Then, it was found that 81 respondents (84.4%) of Nursing students at Universitas Jenderal Achmad Yani Yogyakarta had positive Academic Self-Concept while 15 respondents (15.6%) had the negative one.

**Conclusion:** The Academic Self-Concept of the Nursing students at Universitas Jenderal Achmad Yani Yogyakarta was positive.

**Keywords:** *Academic Self-Concept*, Nursing Students

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