

HUBUNGAN DUKUNGAN SUAMI DENGAN KESIAPAN IBU DALAM MENGHADAPI PERSALINAN DI PUSKESMAS PAJANGAN KABUPATEN BANTUL

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INTISARI

Latar belakang: Kesiapan persalinan merupakan salah satu cara menilai keberhasilan proses persalinan. Faktor yang dapat memengaruhi kesiapan persalinan adalah usia, pendidikan, status ekonomi, dukungan tenaga medis, keluarga, teman, dan suami. Dukungan suami adalah dukungan penting untuk membantu ibu dalam mengatasi permasalahan. Dukungan suami sangat diperlukan selama proses kehamilan, karena perilaku suami baik dapat menyebabkan ibu tenang dan nyaman menjalani kehamilan hingga proses persalinan.

Tujuan: Diketahui hubungan dukungan suami dengan kesiapan ibu dalam menghadapi persalinan di Puskesmas Pajangan Kabupaten Bantul

Metode: Penelitian ini merupakan jenis data kuantitatif, desain studi korelasi dengan pendekatan *cross-sectional*. Teknik pengambilan sampel menggunakan teknik *total sampling* dengan jumlah 34 responden yang sesuai kriteria inklusi dan eksklusi. Alat ukur menggunakan kuesioner dukungan suami dan kesiapan persalinan. Analisis menggunakan uji *somers' d*.

Hasil: Mayoritas ibu hamil mendapatkan dukungan suami kategori cukup 22 (64,7%), kesiapan persalinan ibu hamil dalam kategori siap 19 (55,9%) dengan nilai *p-value* 0,007 (<0,05) dan nilai *r* 0,389.

Kesimpulan: Adanya hubungan yang signifikan antara dukungan suami dengan kesiapan persalinan ibu hamil dalam menghadapi persalinan di Puskesmas Pajangan Kabupaten Bantul dengan tingkat keeratan hubungan cukup.

Kata kunci: Dukungan suami, Kesiapan persalinan, Ibu hamil.

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**THE ASSOCIATION BETWEEN HUSBAND'S SUPPORT AND
MOTHER'S READINESS TO FACE CHILDBIRTH AT PAJANGAN
HEALTH CENTER, BANTUL REGENCY**

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ABSTRACT

Background: Labor readiness is an essential indicator of the success of the labor process. Factors influencing labor readiness include age, education, economic status, and support from medical personnel, family, friends, and husbands. Among these, husband support plays a crucial role in helping mothers overcome challenges. Husband support is especially important during pregnancy, as positive behavior from the husband can create a sense of calm and comfort for the mother throughout pregnancy and delivery.

Objective: To determine the association between husband support and maternal readiness for childbirth at the Pajangan Health Center, Bantul Regency.

Methods: This research employed a quantitative approach with a correlational study design using a cross-sectional method. The sampling technique was total sampling, involving 34 respondents who met the inclusion and exclusion criteria. Data were collected using questionnaires on husband support and labor readiness. The analysis was conducted using somers' d test.

Results: The majority of pregnant women (22 respondents or 64.7%) received adequate husband support. Additionally, 19 respondents (55.9%) were categorized as ready for labor. A significant association was found between husband support and labor readiness, with a p-value of 0.007 (<0.05) and an r-value of 0.389.

Conclusion: There is a significant association between husband support and labor readiness on pregnant women at the Pajangan Health Center, Bantul Regency, with a moderate level of association.

Keywords: Husband support, Labor readiness, pregnant women

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