

## **THE OVERVIEW OF UGM EMPLOYEES MEDICAL CHECK UP VISITS AT GADJAH MADA MEDICAL CENTER**

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### **ABSTRACT**

**Backgorund :** *The medical check-up services for Universitas Gadjah Mada employees are conducted at the Gadjah Mada Medical Center Clinic, which includes physical examinations, laboratory tests, and electrocardiograms (EKG). However, the utilization of these services remains low, as evidenced by the annual visit rates that have yet to meet the targeted goals.*

**Objective:** *Identify the characteristics of medical check-up service utilization among Universitas Gadjah Mada employees at Gadjah Mada Medical Center.*

**Method:** *This research employed a quantitative descriptive approach, utilizing secondary data from medical records at Gadjah Mada Medical Center over one year period from January to December 2024. The total population and sample consisted of 1,744 employees who met the inclusion criteria. Data analysis was conducted using univariate methods with frequency distribution and percentage calculations.*

**Result:** *The majority of medical check-up service visits were conducted by employees aged 36–45 years (61.8%), predominantly male, and mostly from the administrative staff. Most employees (96.5%) opted for comprehensive examinations, including 100% laboratory tests, 99.1% EKG, and 96.5% physical examinations.*

**Conclusion:** *The research findings are expected to broaden the understanding of factors influencing the medical check-up visits of Universitas Gadjah Mada employees, serving as an evaluation material for the university to improve participation in utilizing medical check-up services.*

**Keywords:** *Medical Check Up (MCU) services at Gadjah Mada Medical Center, medical check up, gadjah mada medical center.*

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## GAMBARAN KUNJUNGAN LAYANAN *MEDICAL CHECK UP* PEGAWAI UGM DI GADJAH MADA MEDICAL CENTER

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### INTISARI

**Latar Belakang :** Layanan *medical check up* pegawai Universitas Gadjah Mada dilakukan di Klinik Gadjah Mada Center meliputi pemeriksaan fisik, laboratorium, dan EKG. Namun, pemanfaatannya masih rendah, terlihat dari capaian kunjungan yang belum memenuhi target setiap tahunnya.

**Tujuan Penelitian :** Mengetahui gambaran kunjungan layanan *medical check up* pegawai Universitas Gadjah Mada di Gadjah Mada Medical Center.

**Metode Penelitian :** Penelitian kuantitatif melalui pendekatan deskriptif dengan data sekunder rekam medis Gadjah Mada Medical Center selama periode satu tahun mulai bulan Januari sampai Desember 2024. Total populasi dan sampel penelitian adalah 1.744 pegawai yang memenuhi kriteria inklusi. Analisis dilakukan secara univariat menggunakan distribusi frekuensi dan persentase.

**Hasil :** Gambaran kunjungan layanan *medical check up* mayoritas dilakukan pegawai berada pada rentang usia 36–45 tahun (61,8%), berjenis kelamin laki-laki serta berasal dari tenaga kependidikan. Sebagian besar pegawai (96,5%) mengambil layanan pemeriksaan lengkap meliputi (100%) pemeriksaan laboratorium, (99,1%) EKG dan 96,5% pemeriksaan fisik.

**Kesimpulan :** Hasil penelitian diharapkan memperluas pemahaman faktor yang mempengaruhi kunjungan MCU pegawai UGM, menjadi bahan evaluasi bagi pihak UGM dalam meningkatkan partisipasi pemanfaatan layanan MCU.

**Kata Kunci :** *medical check up*, gadjah mada medical center, layanan MCU

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