

# THE DESKRIPTION OF FEMALE ADOLESCENT' KNOWLEDGE ABOUT SELF BREAST EXAMINATION IN SMA NEGERI 1 PATUK GUNUNG KIDUL

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## ABSTRACT

**Background :** Data Global Burden Of Cancer (Globocan), pointed out that breast cancer is the most kind of cancers affecting woman (26 per 100000) after womb cancer (16 per 100000). Preliminary study by interviews with 10 female student about self breast cancer on 20 januari 2014, located 3 studets (33.3%) who had no understanding about the definition of self breast cancer, 5 student (50%) had no understanding about proper practice of self breast examination, and 2 (17,7%) already had little understanding about self breast examination in SMA N 1 Patuk Gunung Kidul

**Objective :**To describe about female adolescents' knowledge about self breast cancer in SMA Negeri No 1 Patuk Gunung Kidul.

**Method :** This study was a descriptive study with 126 subject of population. Sample were 126 responden. Semples were selected through total sampling. Technique. Data were collected by distributing closed questionnaires. Data were analyzed by percentage multivariable formula

**Result :** Female adolescents' knowledge about the definition of self berast cancer was in sufficient category as many as 62 respondents (49,2%), about the aim of self breast cancer was in sufficient category as many as 67 respondents (53,2%), about times schedule of self breast examination was in poor category as many as 62 respondents (49,2%), about proper practice of self breast examination was in poor category as many as 77 respondents ( 61,1%).

**Conclusion :** Female adolescents' knowledge about self breast cancer in SMA N 1 Patuk Gunung Kidul was in sufficient category as many as 81 responden (64,3%).

Keyword: Knowledge, Self breast examination.

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# GAMBARAN PENGETAHUAN REMAJA PUTRI TENTANG SADARI DI SMA NEGERI 1 PATUK GUNUNG KIDUL

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## INTISARI

**Latar belakang:** berdasarkan data *Global Burden Of Cancer (Globocan)*, kanker payudara merupakan kanker terbanyak pada perempuan (26 per 100000) di ikuti kanker rahim (16 per 100000). Hasil studi pendahuluan yang dilakukan peneliti pada tanggal 20 januari 2014, melalui metode wawancara tentang pengetahuan SADARI terhadap 10 siswi didapatkan hasil bahwa sebanyak 3 (33,3%) siswi belum mengetahui tentang pengertian SADARI, 5 (50%) siswi belum mengetahui cara melakukan sadari dan 2 (17,7%) siswi sudah sedikit mengetahui tentang SADARI di SMA N 1 Patuk Gunung Kidul

**Tujuan:** Untuk mengetahui gambaran pengetahuan remaja putri tentang SADARI di SMA Negeri No 1 Patuk Gunung Kidul.

**Metode:** Jenis penelitian Deskriptif, jumlah populasi 126, jumlah sampel 126 responden. Pengambilan sampel dengan *Total Sampling*, pengumpulan data menggunakan kuesioner tertutup, analisis data univariat prosentase.

**Hasil:** Pengetahuan remaja putri tentang pengertian SADARI adalah kategori cukup 62 responden (49,2%), tentang tujuan SADARI kategori cukup 67 responden (53,2%), tentang waktu melakukan pemeriksaan SADARI kategori kurang 62 responden (49,2%), tentang cara melakukan pemeriksaan SADARI kategori kurang 77 responden ( 61,1%).

**Kesimpulan:** Pengetahuan remaja putri tentang SADARI di SMA Negeri No 1 Patuk Gunung Kidul adalah kategori cukup sebanyak 81 responden (64,3%).

Kata kunci: Pengetahuan, SADARI

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