

PERAN KADER POSYANDU DALAM UPAYA PENINGKATAN STATUS GIZI BALITA DI RW 11 GOWONGAN KECAMATAN JETIS KOTA YOGYAKARTA

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INTISARI

Latar Belakang Masalah : Berdasarkan laporan dari Dinas Kesehatan Yogyakarta cakupan di DIY tahun 2012 mencapai 78,9% (Target nasional 70%). Cakupan tertinggi pada kabupaten Gunung Kidul (83,1%) dan terendah pada kota Yogyakarta (74,3%). Jumlah kasus gizi buruk yang ditemukan dan ditangani di DIY 291 kasus. Jumlah tertinggi adalah Yogyakarta 141 kasus, sedangkan terendah adalah Gunung Kidul 3 kasus. Hal ini berarti kasus gizi buruk masih banyak terjadi di provinsi DIY.

Tujuan : Diketuinya peran kader posyandu dalam upaya peningkatan status gizi balita di Rw 11 Gowongan, Kecamatan Jetis Yogyakarta tahun 2013 dan diketahuinya status gizi balita di Rw 11 Gowongan Kecamatan Jetis Kota Yogyakarta.

Metode : Menggunakan metode deskriptif dengan pendekatan kualitatif. Sampel dalam penelitian ini diambil dengan menggunakan tehnik *purposive sampling*, sebanyak 7 orang. Metode pengumpulan data menggunakan dokumentasi, wawancara dan observasi. Teknik analisis data menggunakan teknik analisis interaktif yang terdiri dari reduksi data, penyajian data dan pengambilan kesimpulan.

Hasil : Berdasarkan hasil wawancara dengan 7 kader dan 6 ibu balita bahwa status gizi balita di Rw 11 Gowongan sudah meningkat. Peran kader posyandu dalam upaya peningkatan status gizi balita di RW 11 Gowongan Kecamatan Jetis sebagian besar dalam kategori baik sebanyak 6 kader (85,71%), sedangkan sisanya dalam kategori cukup yaitu sebanyak 1 kader (14,28%).

Kesimpulan dan Saran: Peran kader posyandu dalam upaya peningkatan status gizi balita di RW 11 Gowongan Kecamatan Jetis sebagian besar dalam kategori cukup sebanyak 6 kader (85,71%). Kader posyandu disarankan agar dapat memahami bagaimana peran dan tugas sebagai kader, kader posyandu harus mendapatkan pelatihan dari tenaga kesehatan.

Kata Kunci: Peran kader posyandu, Status gizi balita

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CADRE OF POSYANDU ROLE IN ENHANCING EFFORTS NUTRITIONAL STATUS OF CHILDREN IN RW 11 GOWONGAN JETIS YOGYAKARTA

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ABSTRACT

Background : Based on reports from the Department of Health in the province of Yogyakarta coverage reached 78.9% in 2012 (national target 70%). Highest coverage in the Gunung Kidul district (83.1%) and lowest in Yogyakarta (74.3%). Number of cases of malnutrition that was found and dealt with 291 cases in the province. Yogyakarta is the highest number of 141 cases, while the lowest was 3 cases of Gunung Kidul. This means that malnutrition is still a lot going on in the province of Yogyakarta.

Objective : Knowledgeable posyandu role in improving the nutritional status of children in Rw 11 Gowongan, Jetis district of Yogyakarta in 2013 and known nutritional status of children in Rw 11 Gowongan Jetis District of Yogyakarta.

Methods : Using descriptive method with qualitative approach. The samples were taken by using purposive sampling technique, a total of 7 people. Methods of data collection using the documentation, interviews and observations. Analysis using interactive analysis technique that consists of data reduction, data presentation and making conclusions.

Results : Based on interviews with 7 cadre and 6 mother that nutritional status of children under five that in Rw 11 Gowongan Jetis District of Yogyakarta has increased. Posyandu role in improving the nutritional status of children in RW 11 Gowongan Jetis District of Yogyakarta most in both categories as 6 volunteers (85.71%), while the rest in the category quite as many as 1 cadre (14.28%).

Conclusions and Recommendations : Posyandu role in improving the nutritional status of children in RW 11 Gowongan mostly in the category of pretty much 6 volunteers (87,71%). Posyandu recommended in order to understand how the role and duties as cadres, cadres posyandu should get training from health professionals.

Kata Kunci: Role Posyandu, nutritional status of children.

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