

HUBUNGAN ANEMIA DENGAN LAMA PENYEMBUHAN LUKA JAHITAN PERINEUM PADA IBU NIFAS DI RS DR ASMIR SALATIGA TAHUN 2010

INTISARI

Dwi Sri Gunanti¹⁾, Endang Suprapti²⁾, Ekawati³⁾

Latar belakang: Prevalensi ibu hamil yang mengidap anemia di berbagai daerah berkisar 60%, sehingga akan berdampak pada proses persalinan maupun pasca persalinan. Anemia memperlambat proses penyembuhan luka mengingat perbaikan sel membutuhkan kadar protein yang cukup.

Tujuan: untuk mengetahui hubungan antara anemia dengan lama penyembuhan luka jahitan perineum pada ibu nifas di Rumah Sakit dr Asmir Salatiga bulan April 2010.

Metode penelitian: menggunakan jenis penelitian *survey analitik* dengan pendekatan *cross sectional*. Penelitian dilakukan terhadap 43 responden di Rumah Sakit dr Asmir Salatiga selama bulan Juli tahun 2010.

Hasil Penelitian: mayoritas ibu nifas tidak mengalami anemia yaitu sebanyak 22 responden (51,2%), dan minoritas mengalami anemia yaitu sebanyak 21 responden (48,8%). Mayoritas responden mengalami penyembuhan luka episiotomy antara 10-12 hari yaitu sebanyak 30 responden (69,8%) dan minoritas responden mengalami penyembuhan luka > 12 hari yaitu sebanyak 13 responden (30,2%).

Kesimpulan: ada hubungan anemia dengan lama penyembuhan luka jahitan perineum pada ibu nifas di Rumah Sakit DR Asmir Salatiga tahun 2010. Hal ini dibuktikan dengan *p value* 0,017 dengan *alpha* 0,05. *P value* lebih kecil dari *alpha* 0,05.

Kata Kunci: Anemia, penyembuhan luka jahitan

Halaman : xii + 40 halaman + 7 lampiran

Daftar Pustaka : 25 (2000-2009)

1) Mahasiswa STIKES Ahmad Yani Yogyakarta

2) Pembimbing I

3) Pembimbing II

**RELATIONSHIP BETWEEN ANEMIA WITH HEALING OLD
PERINEAL STITCHES ON CHILDBIRTH MOTHER
IN DR ASMIR SALATIGA HOSPITAL 2010**

ABSTRACTION

Dwi Sri Gunanti¹⁾, Endang Suprapti²⁾, Ekawati³⁾

Background: Prevalence of anemia of pregnant women in various areas ranging from 60%, so it will have an impact on the process of childbirth and postpartum. Anemia slows wound healing process because the cell repair requires adequate protein content.

Objective: to know the relationship between anemia with healing old wounds on the perineal sutures in puerperal women dr Asmir Salatiga Hospital in April 2010.

Methods: was uses survey research with cross sectional analytic. The study was conducted on 43 respondents in dr Asmir Salatiga Hospital during July 2010.

Results: The majority of puerperal women without anemia as many as 22 respondents (51.2%), and minorities have anemia that is as much as 21 respondents (48.8%). The majority of respondents experiencing episiotomy wound healing between 10-12 days as many as 30 respondents (69.8%) and minority respondents experienced wound healing > 12 days as many as 13 respondents (30.2%).

Conclusion: there is a relationship of anemia with a time of healing wounds in the perineal sutures in puerperal women at dr Asmir Salatiga Hospital 2010. This is evidenced by the p value of 0.017 with alpha 0.05. P value smaller than alpha 0.05.

Keywords: anemia, wound healing stitches

Pages : xiii + 40 pages + 7 attachments

References : 25 (2000-2009)

- 1) Student Ahmad Yani Yogyakarta School of Health
- 2) Lecture I
- 3) Lecture II